

MAKER FESTIVAL

WELLNESS PAVILION

OUR ATHLETIC ACHIEVERS



RESEARCH SUPERHERO RANKED 9TH GLOBALLY





ALUMNI LEADERSHIP ELECTED



## Welcome to a Silver Chapter in Time

We've entered the quarter phase of the new millennium—25 years into a century in motion—a full silver jubilee. It brings with it a quiet pride, a sense of accomplishment, and perhaps a flicker of unease, as each completed phase of life isn't just a milestone—it's a reminder that the journey has a destination.

Like a traveller covering miles, every passing year brings us closer to where we are destined to reach. And while we never truly know how many miles—or years—remain, one thing is certain: time is the only measure we're given. No signs. No alerts. Just the quiet passage of days.

Having lived through a silver stretch of this century, we are now more compelled than ever to live meaningfully—mindfully. The only real fulfillment lies in aligning our actions with our greater purpose. What have we achieved so far? What are we still striving for? And how are we shaping our mark on the world?

This edition of Memento is a tribute to that consciousness cherished at Superior University. It offers a bird's-eye view of our defining moments from January to April 2025. But these aren't just events—they are purposeful strides, echoing our commitment to social, academic, and national impact.

# RIAL

From raising the national flag at the APSUP Rectors' Conference...To honouring our graduates at the 8th Convocation...From igniting Character Mastery and celebrating sports and culture... To showcasing medical excellence at the PAMI Awards and co-hosting the 3rd International Medical Conference...From earning global recognition in research... To taking Superior to EURIE—Each story in this edition is a marker of progress driven by vision.

Memento stands as a living narrative of that vision—capturing not just achievements, but aspirations. Dive into this journey of impact, and don't miss the enriching voices of our Urdu contributors as well.

As always, your insights and ideas are welcome—let's continue shaping future editions together.

Warm regards, Nabeela Malik

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Nabeela Malik

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In a landmark step towards holistic student development, Superior University inaugurated its state-of-the-art Wellness Pavilion—a modern, purpose-built sports and fitness hub designed to nurture both the body and mind. The Pavilion blends elite athletic training, recreational opportunities, and mental well-being support into a single dynamic space, symbolizing the university's commitment to cultivating well-rounded, future-ready graduates.

The Wellness Pavilion was officially inaugurated by Prof. Dr. Mustafa Aydın, President of EURAS (Eurasian Universities Union) and İstanbul Aydın University. Touring the facility, Dr. Aydın expressed deep appreciation for Superior University's forward-thinking leadership, applauding its efforts to integrate physical fitness and mental well-being into the academic environment. "This is not just a gym; it's a vision of holistic education," he noted.

From academic performance to athletic achievement, the Pavilion represents Superior's mission of preparing students to thrive across all aspects of life.



Prof. Dr. Mustafa Aydın, President of EURAS inaugurating the Wellness Pavilion along with Chairman Superior Group, Prof. Dr. Ch. Abdul Rehman, the Managing Director of The Superior Group, Ch. Abdul Khaliq and Rector of Superior University, Prof. Dr. Sumaira Rehman.





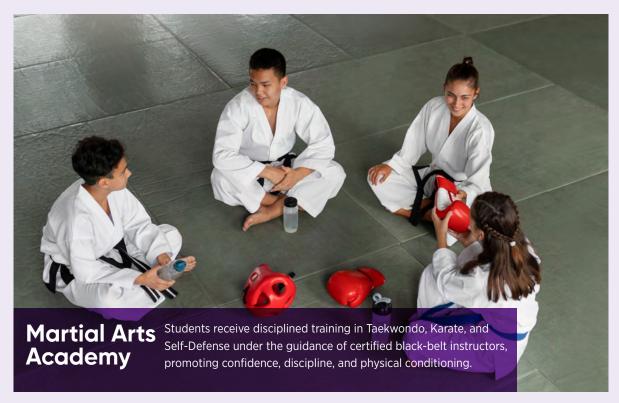




#### Key Facilities that Inspire Strength and Strategy:









The inauguration of the Wellness Pavilion is more than the launch of a facility—it is a celebration of Superior University's enduring dedication to wellness, excellence, and empowering student life.





International Standard Outdoor Basketball Court

A FIBA-compliant court with night lighting, it's the ideal venue for evening games, inter-university competitions, and league tournaments.





In a landmark celebration of service, innovation, and dedication, Superior University proudly hosted the Healthcare Excellence Awards 2025, an initiative of the Pakistan Association of Private Medical & Dental Institutions (PAMI).

This grand event paid tribute to Pakistan's real superheroes in the roles of leading medical professionals and institutions, bringing together policymakers, educators, healthcare experts, and international delegates on a single platform to recognize excellence in the medical field.

As a committed and active member of PAMI, Superior University was deeply honoured to serve as the venue for this prestigious ceremony. Adding to the pride, Superior was itself awarded the Healthcare Excellence Award, a testament to its remarkable contributions to health sciences through the Azra Naheed Medical College (ANMC)

and Chaudhry Muhammad Akram Teaching & Research Hospital (CMARTH). The award was received by the Rector of Superior University alongside several esteemed institutions including:

- University of Lahore
- Liaquat College of Medicine & Dentistry
- Watim Medical & Dental College
- HBS Medical & Dental College
- Muhammad Medical & Dental College, Mirpurkhas
- · Gandhara University
- Abbottabad International Medical & Dental College
- Women Medical & Dental College
- Rashid Latif Medical Complex
- Islamabad Medical & Dental College







The evening witnessed the presence of esteemed dignitaries including President PAMI, Prof. Dr. Chaudhry Abdul Rehman, Federal Minister for Health, Syed Mustafa Kamal, and Senator Amir Waliuddin Chishti, making the event a truly iconic occasion at Superior University.







"In our efforts to modernize and scale, we must not forget the ethical fabric that binds the medical profession," he said. Highlighting this vision, he announced PAMI's forthcoming 3rd International Medical Conference on the theme: "The Transformative Power of Character Education: Shaping the Future of Healthcare Professionals."

Addressing systemic challenges, Prof. Dr. Ch. Abdul Rehman voiced PAMI's strong opposition to the Central Induction Policy, calling it unjust and detrimental to merit. He also spoke against the government's one-sided fee fixation policy, urging for transparency and fairness in all regulatory frameworks affecting medical education. He thanked Federal Minister Syed Mustafa Kamal for gracing the occasion and expressed optimism that the government would heed PAMI's concerns and help restore merit in Punjab's healthcare system.



Senator Amir Waliuddin Chishti, who served as Guest of Honor, echoed these concerns in his speech. He acknowledged the critical issues raised by PAMI and emphasized the government's resolve to overhaul the healthcare system. "PAMI is the most authentic voice of the private healthcare sector, and we stand committed to supporting its mission,"

he affirmed.



Delivering his keynote as Chief Guest, Federal Minister for Health, Syed Mustafa Kamal, appreciated PAMI for its consistent efforts in advancing medical education in Pakistan. He admitted that while the healthcare system faces many challenges, the government is determined to bring about reform through collaboration. He announced the launch of a national Telemedicine platform and a One Patient, One ID initiative, designed to reduce hospital overload and ensure continuity of care across the country.

Most significantly, the Minister assured the audience that the concerns raised by PAMI would be given serious consideration.

"If your reservations are found valid, I commit that your demands will be addressed in both letter and spirit,"

he concluded.



















## Humanizing Healthcare: Dr. Sumaira Rehman Advocates for Character-Driven Medical Education at IMC 2025



The 3rd International Medical Conference (IMC 2025), co-hosted by Superior University and The University of Lahore under the patronage of PAMI, marked a significant step forward in the dialogue on advancing healthcare education in Pakistan. Among the many thought-provoking discussions, the keynote address by Rector Prof. Dr. Sumaira Rehman stood out as a defining moment of the event.

#### Titled "The Transformative Power of Character Education: Shaping the Future of Healthcare Professionals,"

Dr. Sumaira's address reimagined the future of healthcare through a bold yet essential lens—character education.

In a time when technology continues to revolutionize diagnostics, treatment, and patient interaction, Dr. Sumaira reminded the audience that the core of medicine lies in empathy, integrity, and human connection. "As machines get smarter," she said, "our humanity must get stronger."

She introduced Superior University's Character Mastery Framework, a unique educational model that integrates values such as compassion, ethical reasoning, and civic responsibility into professional training. Drawing from this framework, she advocated for a healthcare curriculum that goes beyond technical skill to build emotionally intelligent, socially conscious practitioners.

Dr. Sumaira's insights resonated with a diverse audience of medical professionals, educators, and policymakers. Her message sparked an important dialogue around embedding values-based leadership in medical institutions to ensure the development of holistic caregivers who not only heal bodies but also comfort souls.

The keynote was a testament to Superior University's leadership in educational innovation and to Dr. Sumaira Rehman's visionary role in redefining the future of healthcare—one grounded not just in knowledge, but in character.



## A Vision for Empowerment: Rector Prof. Dr. Sumaira Rehman Leads the Way in Shaping Student Leadership

At Superior University, leadership is not just taught—it is lived, nurtured, and celebrated. This was beautifully reflected in the recent Graduation Ceremony for Student Voice Leaders (SVLs), Club and Society Presidents, and Student Body Advisors, an initiative deeply championed by Rector Prof. Dr. Sumaira Rehman. Driven by her belief in participatory governance and student empowerment, Prof. Dr. Sumaira Rehman has been instrumental in creating platforms where young leaders can rise, speak, and lead. Her visionary approach places students at the heart of the university's transformation—developing not only academic achievers but also socially responsible changemakers.

In her address, she emphasized that student leaders are the cultural architects of campus life. Their voices shape inclusive policies, their initiatives spark community engagement, and their leadership becomes a reflection of Superior's mission: to build character-driven, future-ready graduates. The ceremony was more than a graduation—it was a tribute to the Rector's ongoing commitment to leadership development. Through structured mentorship, national and international exposure, and character-building frameworks, she continues to lay a foundation where every student finds purpose and power in leadership.



As certificates, awards, and international trip recognitions were presented, they stood as tangible outcomes of her educational philosophy—one that believes leadership is not confined to titles but expressed through service, innovation, and impact.





#### **Convocation 2025**

## A Triumph of Character, Excellence, and Purpose

In a majestic celebration of academic excellence, transformative character, and national pride, Superior University Convocation 2025.

At the heart of this spectacular convocation stood a powerful message — that education at Superior is not just about degrees; it is about building character, career, and contribution. During the Convocation Commission 2025, Superior University proudly conferred degrees upon 3,509 graduates who had successfully completed their academic programs. Among them, 86 exceptional students were honoured with Gold Medals in recognition



of their outstanding achievements across a wide range of disciplines. These brilliant scholars exemplify our commitment to academic rigor and its mission to foster leaders of tomorrow.

The convocation also saw the conferral of 25 PhD degrees, a testament to Superior's thriving research culture and contribution to scholarly knowledge.

**3,509**Graduates

86
Gold Medals

25 PhDs The event was honoured by the presence of the Governor of Punjab, Sardar Saleem Haider Khan, who attended as the Chief Guest, along with Prof. Dr. Chaudhry Abdul Rehman, Chairman Board of Governors of Superior University, and Prof. Dr. Sumaira Rehman, Rector Superior University.











Addressing the convocation audience,

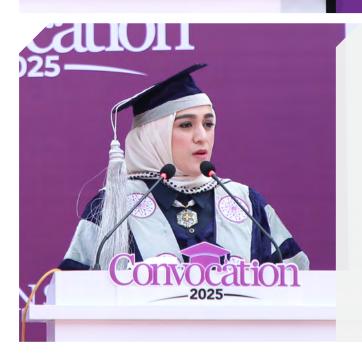
Governor of Punjab, Sardar Saleem Haider Khan, expressed pride in Superior University's commitment to the holistic development of its students through the groundbreaking 'Character Mastery Program.'

He emphasized that in today's era, it is imperative to nurture graduates into responsible citizens and skilled professionals who can proudly represent Pakistan on the global stage."



Addressing the graduates with passion and foresight, Prof. Dr. Chaudhry Abdul Rehman, Chairman Board of Governors, shared an emotionally resonant and visionary message:

"I congratulate all of you on reaching this significant milestone in your academic journey. A new chapter begins now, filled with endless opportunities to fulfill your dreams, make your parents proud, and contribute to the greatness of our beloved Pakistan. Strive for excellence, seek guidance from the Holy Quran, and follow the noble life of Prophet Muhammad (PBUH). Let determination and integrity guide you to success. I wish you all the best in your future endeavours."



Rector Prof. Dr. Sumaira Rehman, in her address to the graduates, shared heartfelt words of encouragement and wisdom:

"Dear Students, as you complete your studies, a new chapter filled with opportunities begins. The skills and values you've gained here will shape your future success. Remember, there are no shortcuts to achievement—it takes hard work, dedication, and integrity. I have full confidence that each of you will make a significant impact. I wish you all the very best!"

## From Vision to Venture CMACED's 6th Maker Festival Inspires the Next Generation of Entrepreneurs

Chaudhry Muhammad Akram Center for Entrepreneurship Development The festival - (CMACED) successfully hosted the sixth Superior Maker Festival highlighted 50 under the theme "Build, Create, Transform: Empowering Makers for Sustainability. The event was graced by 50+ distinguished guests, diverse projects, including Chief Guests Mr. Umer Faroog Khan, Enforcement Officer, including Food Punjab Revenue Authority; Mr. Imran Kishwar, DIG OCU Lahore; and Ms. Zainab Tahir, Assistant Commissioner Raiwind. A large number of CEOs Stalls, Innovation and directors from various multinational and reputable organizations District 92 Projects, also attended, further enriching the festival. The festival featured two Entrepreneurship engaging panel discussions & four fireside chats complemented by thought-provoking conversations with experts and thought leaders who **Teaching & Training** shared their insights, experiences, and vision for driving innovation and Program (ETTP) sustainability. This year's festival proudly featured two inspiring TedWEE talks. It's a platform for sharing ideas and inspiring stories about how Projects, Social women can use entrepreneurship as a means of empowering themselves Entrepreneurship and making a positive impact in their communities. This event also conducted three exciting competitions in which over 200+ talented Projects, FYPs of participants took part and showcased incredible passion and ingenuity. CS&IT, Faculty of Art A prize distribution ceremony was held to recognize the CMACED's 15 outstanding startups, while esteemed guests were presented with & design and Faculty commemorative tokens of appreciation. The ceremony was further of engineering. enriched with diverse musical performances and a dazzling concert.

























The annual Sports and Cultural Festival 2025 was held as our superior way of celebrating the nation's unity, leadership, and cultural pride, at Lahore's iconic Railway Stadium. The event served as more than just a competition; it became a vibrant demonstration of Pakistan's rich cultural heritage, student empowerment, and the university's unwavering commitment to holistic development.

At Superior University, sports are not merely physical activities—they are powerful tools for character building, teamwork, people management, and leadership development. The annual Sports and Cultural Festival stands as a cornerstone in this vision, bringing together students, faculty, alumni, and national heroes to foster camaraderie, ignite patriotism, and celebrate diversity.

This year's festival was also brought by various faculties and departments unified in their selected Houses. Each house not only participated in athletic competitions but also represented a unique regional or cultural identity of Pakistan. This festival is Superior University's signature initiative hat treflects the university's dedication to inclusivity, national pride, and cultural literacy.

#### A Parade of Cultures:

#### **Celebrating Pakistan's Diversity**

One of the most visually captivating aspects of the festival was the cultural representation by each house, turning the stadium into a kaleidoscope of colors, traditions, and ethnic pride:

Jaguar House paid tribute to the heart of Punjab with a dynamic showcase of Punjabi culture; Dragon House highlighted the richness of Sindhi traditions; Panther House explored the elegance of Arabian culture; Lion House brought forward the scenic and spiritual beauty of Baltistan; Falcon House displayed the resilient and vibrant spirit of Kashmiri culture; Wolf House highlighted the strength and valor of Pakhtun traditions; Hawks House celebrated the depth and diversity of Balochi heritage. These cultural depictions were not mere costumes or performances—they were heartfelt tributes, crafted and performed by students themselves, reflecting deep research and genuine respect.























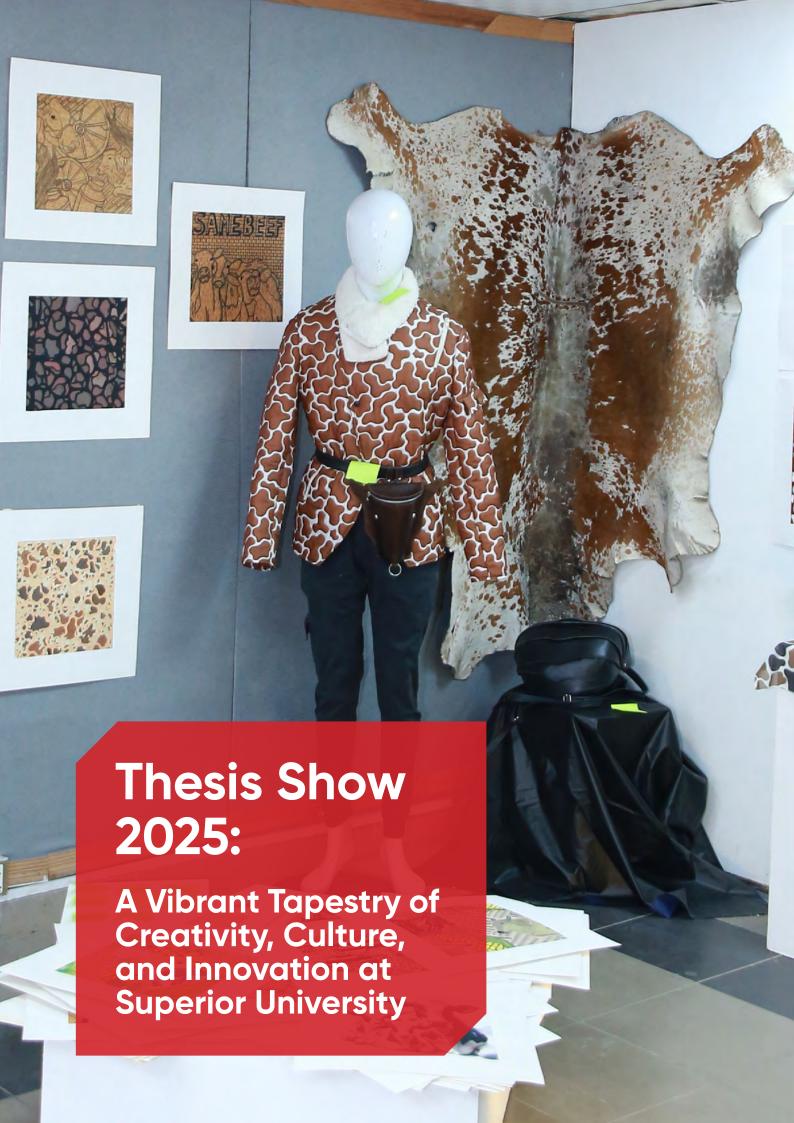


#### Sports as a Catalyst for Growth

The sports competitions of the festival featured high-energy competitions that tested the limits of endurance, strategy, and teamwork. Matches between faculties and departments added a healthy competitive spirit, while also teaching critical lessons in discipline, unity, and resilience. The crowd witnessed exhilarating moments that showcased how Superior is nurturing the leaders of tomorrow—athletically, ethically, and intellectually. The presence of World Javelin Champion Arshad Nadeem was a moment of inspiration for all, especially young athletes aspiring to follow in his footsteps.

The Superior Sports and Cultural Festival 2025 was not just an event—it was a movement. It demonstrated how academia and extracurricular activities can intertwine to build complete individuals. From the pitch to the stage, from vibrant performances to strategy-filled games, students experienced a transformative platform where they could dream, perform, and lead.

The festival echoed a powerful message: Pakistan is beautiful in all its shades, and Superior is proud to be raising its future superheroes.



Superior University continues to lead the way in cultivating creativity and innovation, as demonstrated by the grand success of the Thesis Show 2025 hosted by the School of Art & Design. This three-day exhibition served as a dynamic platform for final-year students to present their extraordinary talents in Textile Design, Interior Design, Furniture Design (PBL), and Fine Arts. It was more than just a display — it was a celebration of design philosophy, artistic discipline, and the future of Pakistan's creative economy.

The Thesis Show 2025 brought together over 59 exceptional projects, with 26 in Textile Design, 9 in Interior Design, 21 in Furniture (PBL), and 3 in Fine Arts. Each exhibit reflected a meticulous blend of traditional motifs with contemporary trends, showcasing how students are thinking globally while staying rooted in their cultural identity. These future designers presented not only their final projects but their creative journeys — a convergence of research, experimentation, and refined aesthetics.













#### **Connecting Academia with Industry**

The Thesis Show is not merely an academic requirement; it's a launchpad into the professional world. Superior University has always emphasized project-based learning (PBL), ensuring that students are not just qualified graduates but marketready professionals. The exhibition created significant networking opportunities for graduates by inviting industry leaders, design experts, entrepreneurs, and investors to experience the students' creative work firsthand. Top-tier professionals across Pakistan's design and manufacturing industries participated in this year's panels. Their presence added depth, insight, and encouragement for students, making the event a truly collaborative and interactive experience. Textile Design Panel included Mr. Zaheer Abbas, Director, TEVTA; Mr. Arbab Sikandar, Director, Print Experts; Mr. Muhammad Bashir Ahmed, CCO, Kashf Digital Textile: Mr. Rana Imran Nisar, CEO, Nisar Textile; Mr. Abdul Qayum, CEO, Zari Tex Embroidery; Mr. Bilal, Senior General Manager, Raglan Corporation. Interior Design Panel included Mr. Umar Khayam Sheikh, CEO, Hadiat & Company; Mr. Faisal Riaz, Chairman, IAP; Mr. Umar Saeed. Former Chairman. BAE; Architect Hussain Raza; Ms. Ayesha Abdullah, HoD, IAC; Architect Maryam, Government Employee, IDAP. These distinguished guests not only judged the projects but

also provided valuable critiques, career guidance, and collaboration opportunities, strengthening the bridge between academia and industry. Fostering Creative Excellence The Thesis Show was a vivid reminder of the university's dedication to excellence in creative education. It provided students with a unique opportunity to bring their vision to life, materialize their ideas, and present them with confidence. Superior University firmly believes in nurturing holistic individuals - graduates who are intellectually sharp, emotionally intelligent, and creatively bold. Each section of the exhibit brought a unique flavour. Textile Design projects combined intricate handcraft with digital innovation. Interior Design showcased space optimization infused with aesthetic flair. The Furniture PBL projects highlighted sustainability, usability, and indigenous materials. The Fine Arts pieces offered bold, reflective interpretations of culture and identity. Designing Futures, Today As part of its mission to become a leading research university in Pakistan, Superior University continues to emphasize interdisciplinary learning, experiential education, and industry relevance. Events like the Thesis Show are a testament to this agenda, empowering students to not just dream, but to design their futures with purpose and excellence.

#### Democratic Leadership Development

Presidents of Student Bodies Elected



In an awe-inspiring display of student engagement, Superior University once again stood tall as a cradle of democratic leadership, where ambition meets purpose and vision is cultivated into action. The Student Body Elections 2025 came to a thrilling conclusion—leaving the campus resonating with celebration, empowerment, and the promise of student-led transformation.

With 2,232 students casting their votes and 146 candidates contesting for 65 leadership positions, the air was charged with passion and healthy competition. Weeks of spirited campaigns, manifestos, and meaningful dialogue reflected a university culture that not only values democracy but also practices it in its truest spirit.

Key positions such as the Vice Presidents of Student Voice Leaders, the Executive Panels of Departmental Clubs, and the Presidents of Superior Societies were at the heart of this dynamic electoral process. Candidates showcased exceptional resolve, charisma, and clarity of purpose—emerging not just as winners but as torchbearers of Superior's commitment to nurturing responsible, ethical, and effective leadership.

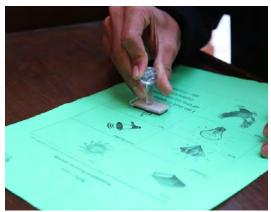
This democratic milestone stands as a testament to Superior University's unwavering belief in experiential learning and character mastery. By allowing students to participate in governance and lead community initiatives, Superior equips them with real-world leadership skills grounded in values of integrity, accountability, and service.

As the newly elected student leaders take charge, they carry the hopes and voices of their peers. They step into roles not only of representation but also of transformation—ready to lead with vision and conviction.

In the mirage of democratic development, Superior University stands firm as an oasis of leadership excellence. Here, democracy isn't just taught—it's lived, celebrated, and embedded in the very fabric of campus life.



















#### Superior University proudly hosted the 1st Superior All Pakistan Bilingual Declamation Contest and Punjabi Natara

A landmark celebration of eloquence, cultural richness, and intellectual discourse. The competition welcomed over 90 participants from more than 35 universities across Pakistan, offering a truly national platform for youth expression.

In the English Declamation category, Mr. Mohd. Bin Mudassar from Fatima Memorial Hospital, Lahore clinched the first position, while Ms. Aneeqa Aslam from Lahore College for Women University secured the second. In the Urdu category, Mr. Saif-ur-Rehman from Jamia Tur Rasheed, Karachi stood first, and Ahmed Zubair from Government College University Lahore took the second position.

In the Punjabi Natara segment, Mr. Nalain Abbas earned the first spot, and Mr. Syed Fazail Bukhari from the University of Agriculture Faisalabad claimed the second position. Mr. Hamza Mubashir from the University of Lahore was declared the Best Speaker of the Contest, while the coveted Overall Team Trophy was awarded to Government College University, Lahore.

This declamation contest highlighted the transformative power of words and reaffirmed the vital role of academic institutions in shaping confident, culturally grounded, and intellectually dynamic youth.

The competition welcomed over 90 participants from more than 35 universities across Pakistan



Government College University, Lahore won the Overall Team Trophy

## Superior Chefs Win Gold Medal at Pakistan International Culinary Championship'25



Superior University continues to set new benchmarks in skill-based education, and this time, the spotlight is on our culinary prodigies! Chefs from the School of Culinary Arts stole the show at the Pakistan International Culinary Championship (PICC) 2024, earning top honours at one of the nation's most prestigious platforms for culinary excellence.

Amidst intense competition and the finest gastronomic talent from across the country, Chef Lajwaard brought glory to Superior University by winning a Gold Medal in the individual category. His culinary presentation was a masterclass in technique, creativity, and precision—embodying the very essence of innovation in modern cuisine.

Adding to this remarkable success, Chef Kaef led his team to a Gold Medal in the team category. Their seamless coordination, artistic flair, and expert execution reflected the spirit of collaboration and high-level professionalism that defines the training culture at Superior University.

These accolades are more than just medals—they are a testament to Superior's commitment to nurturing industry-ready professionals who are not only skilled but also visionary. With world-class mentorship, hands-on experience, and a strong emphasis on culinary innovation, the School of Culinary Arts empowers its students to stand out on both national and international stages.



#### From Startup to Stardom

#### Our Alumni Startup Motto Vest Wins Youth Excellence Award

Superior Alumnus Zeeshan Shahid's Motto Vest Wins Youth Excellence Award & Attracts Major Global Investment. We proudly congratulate our alumnus, Zeeshan Shahid, CEO & Founder of Motto Vest, for securing a Rs. 30 million deal on Shark Tank Pakistan and raising equity-based funding from a Dubai-based venture capital firm. Motto Vest, a pioneering rider safety solution, has already bagged both the Prime Minister's Youth Excellence Award and the Presidential Award. underlining its national significance. With a Rs. 30 million investment from Romanna Dada of Vitality Capital, and an additional \$500,000 commitment in the ongoing funding round, Motto Vest is on an unstoppable trajectory. The startup's entry into Middle Eastern markets is set to unlock major partnerships, including a potential \$3.4 million order with Jahez in Saudi Arabia and collaborations with top UAE e-commerce platforms, collectively valued at \$10 million. This milestone is not just a success for its visionary founder—it's a celebration of the Superior entrepreneurial ecosystem that nurtures real-world innovation and empowers students to





become changemakers. Further elevating its global stature, Motto Vest was recently honored with the Global Digital Prosperity Award at the Jordan General Assembly by the Digital Cooperation Organisation. This global recognition underscores Superior University's commitment to cultivating leaders and innovators ready to make a mark on the world stage. Mr. Zeeshan Shahid's presence alongside Ms. Shaza Fatima Khawaja (Minister of IT, Pakistan), Mr. Sajjad Mustafa Syed (Chairman, PASHA), and Mr. Ahmad Farooq (Ambassador of Pakistan to Saudi Arabia) reflects the rising international influence of Pakistani entrepreneurs. At Superior, we are proud to foster a culture of innovation, resilience, and excellence—turning ideas into impact. We are inspired by Zeeshan's journey and remain committed to nurturing future leaders who drive meaningful change.



### GAME ON!

### Superior University <a href="Launches Basketball Court">Launches Basketball Court</a>

In a remarkable stride towards promoting athletic excellence and student well-being, Superior University proudly inaugurated its brand-new Basketball Court at the Raiwind Campus, marking a new chapter in its vibrant campus sports culture.

The prestigious inauguration ceremony was honoured by the presence of Mr. Shahbaz Senior, Olympic Gold Medalist and World Cup Winner, whose legacy in Pakistani sports added immense value to the occasion. Prof. Dr. Sumaira Rehman, Rector, Superior University, led the ceremony, reinforcing the university's commitment to holistic student development through both academic and extracurricular avenues.

To commemorate the occasion, a thrilling friendly basketball match was played between Forman Christian College University (FCCU) and Superior University. The match was not just a display of athletic skill but also of camaraderie and mutual respect, highlighting how sports serve as a bridge between institutions and a platform for shared growth.

This landmark event goes beyond infrastructure. It symbolizes Superior University's dedication to fostering teamwork, discipline, and leadership through sports. The newly inaugurated court will provide students with a space to challenge themselves, build resilience, and strengthen community spirit.

More than just the opening of a court, this day celebrated the spirit of sportsmanship and the beginning of new traditions, setting the stage for future tournaments, student-athlete development, and a more dynamic campus life.

Superior University continues to raise the bar—where every goal scored is a step toward excellence, and every game is a lesson in character.























If there's one event that truly captures the pulse of campus life at Superior University, it's Superior Nights. The 2025 edition of this iconic festival surpassed all expectations, transforming the university into a hub of rhythm, emotion, and unmatched celebration. Over nine electrifying nights, more than 20,000 students gathered to celebrate not just music—but the very spirit of being Superior.

From the very first beat to the final encore, Superior Nights 2025 was a musical spectacle like never before. The stage came alive with sensational performances by some of the biggest names in the music industry, including Bohemia, NS Chohan, Nimra Mehra, Tahir Abbas, and Ali Santoo Qawal. Each night brought something unique—an energy that rippled through the crowd, uniting students from every discipline in moments of pure joy.

But Superior Nights is more than just a concert series. It represents the vibrant, inclusive, and dynamic culture of campus life at Superior University. From the bustling food stalls and social media zones to the spontaneous dance circles and selfie corners, the festival fostered connection, celebration, and a deep sense of community.

At Superior, we believe that learning happens beyond the classroom too. Events like these nurture creativity, confidence, and a sense of belonging among our students. Superior Nights 2025 was not just an event—it was a memory in the making, a tradition that celebrates youth, diversity, and the sheer joy of student life.

As the lights dimmed and the last notes faded, what remained was a collective memory of laughter, freedom, and unity. This is what makes Superior University more than an institution—it's a way of life.























# Azra Naheed Medical College Welcomes the Healers of Tomorrow

With hearts full of ambition and dreams anchored in purpose, the corridors of Azra Naheed Medical College (ANMC) at Superior University came alive as the institution warmly welcomed its new batch of first-year MBBS students. The on-campus orientation and welcome session was not just an event—it was a defining moment marking the beginning of a transformative journey into the world of medicine.

The session commenced with a gracious welcome note by Prof. Dr. Atif Qureshi, setting the tone for an inspiring day ahead. The new students were addressed by prominent figures from Superior University including Mr. Mudassar Kamran (Registrar), Prof. Dr. Akbar Chaudhry (Dean ANMC), and Prof. Dr. M. Aslam (Principal ANMC). Each shared heartfelt messages and practical insights, painting a powerful picture of the road that lies ahead—filled with knowledge, responsibility, and service to humanity.

Parents, too, were part of this special occasion. An interactive session led by Prof. Dr. Rizwan Saeed (Director Student Affairs) and Dr. Aquel Chaudhry (Advisor Clubs) added depth and warmth to the day's proceedings, offering reassurance and guidance to both students and their families.

The orientation continued with an engaging tour of the Wellness Pavilion, highlighting the institution's holistic approach to student well-being. Guided campus visits took students through academic blocks, laboratories, recreational areas, and finally to the on-campus hospital, where future doctors caught a glimpse of their upcoming hands-on training and clinical exposure.









This day wasn't just about information—it was about inspiration. It was about igniting the passion to "live with grace and character" and to walk the noble path of healing with humility, knowledge, and compassion. Congratulations to the future healers—your journey of impact begins here, at ANMC.













#### Azra Naheed Dental College Holds a Heartening Orientation for First-Year BDS Students

In a graceful blend of tradition and inspiration, Superior University's Azra Naheed Dental College (ANDC) warmly welcomed its newest cohort of first-year Bachelor of Dental Surgery (BDS) students through a ceremonious orientation program held on campus. This annual event is not merely an introduction to academic life but a powerful induction into the noble profession of dentistry.

The day commenced with the iconic White Coat Ceremony, a universally revered symbol of the transition from student to medical professional. As each student donned the pristine white coat, the hall echoed with a sense of pride, purpose, and promise. This symbolic attire reflects the values of trust, responsibility, and professionalism that define a healthcare practitioner's life.

Following the White Coat Ceremony were two equally meaningful traditions: the Oath-Taking Ceremony and the Batch Pinning Ceremony. With hands raised and voices unified, the students pledged to uphold the highest standards of ethics, integrity, and compassion in their journey ahead. The batch pin, placed with care, served as both a token of belonging and a marker of the beginning of a life-changing chapter.







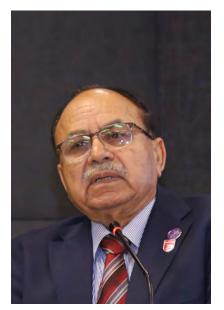


This orientation was not only a ceremonial initiation—it marked the beginning of a purposeful and transformative journey. From their first lecture to their last clinical rotation, these students are now a part of an institution that prioritizes academic rigor, moral development, and holistic student growth. Azra Naheed Dental College stands as a beacon of excellence in dental education in Pakistan, and this new batch is a reflection of the university's unwavering dedication to grooming the next generation of healthcare leaders. The energy, emotion, and unity displayed during the orientation exemplified the ethos of Superior University—to inspire hearts, sharpen minds, and elevate futures.

The event was graced by the college's respected leadership, whose words inspired not just the students, but everyone present. Prof. Dr. Muhammad Akbar Chaudhry, Dean of Azra Naheed Dental College, shared heartfelt insights about the importance of empathy and service in dental practice. He encouraged students to balance scientific excellence with human kindness in all their clinical encounters.

Principal Prof. Dr. Muhammad Asif Shahzad further emphasized the responsibility that comes with medical knowledge, stating that the true spirit of dentistry lies not just in precision and technique but in alleviating pain and restoring smiles. His message focused on perseverance, hard work, and the importance of always learning with humility.

Adding a nurturing tone to the ceremony, Vice Principal Prof. Dr. Ayma Syed addressed the students with a motivational message, reminding them that while the path ahead may be challenging, it is also filled with purpose, discovery, and the reward of serving humanity. She applauded their decision to join a field that combines art and science for the greater good.



**Prof. Dr. Muhammad Akbar Chaudhry** Dean-Azra Naheed Dental College



**Prof. Dr. Muhammad Asif Shahzad** Principal-Azra Naheed Dental College



**Prof. Dr. Ayma Syed**Vice Principal-Azra Naheed Dental College











#### Forging Champions, Fostering Leaders: Superior University's Journey of Triumph and Talent



As the new year unfolds, Superior University continues to write stories of excellence, resilience, and innovation. From athletic conquests to culinary brilliance, and from academic achievements to entrepreneurial milestones, our students and alumni have proven that superior is not just a name—it's a way of life. Here's a spotlight on some of the most remarkable feats accomplished, echoing our vision of transforming lives and creating impact.

## The Handball Heroes: Securing Glory at the 32nd National Championship

The year began with a thrilling display of athletic excellence as five talented students from Superior University played a vital role in securing the 2nd Runners-Up position for the HEC Team at the 32nd National Handball Championship. Among them was the team captain, a Superior student whose leadership and passion on the court inspired the entire squad.

This accomplishment was not merely a victory in sports but a testament to the university's consistent efforts in nurturing discipline, teamwork, and a winning mindset among its students. The fast-paced action, strategic playmaking, and strong determination of these players reflected the athletic spirit that Superior champions. As role models, they now inspire peers to pursue both physical excellence and academic rigor in equal measure.



## The Boxing Glory: Runners-up at National Boxing Championship

In a high-energy face-off, Superior's boxing team emerged as the Runners-Up in the 26th HEC All Pakistan Intervarsity Men's Boxing Championship 2025. The team faced formidable opponents and yet stood tall, exhibiting tactical brilliance and immense courage in the ring.

This feat is the outcome of focused training, mental sharpness, and the will to win. The athletes' perseverance amid pressure is a shining example of what it means to be Superior. Their performance is not just a medal haul but a message to future boxers: train hard, stay strong, and aim higher.



## The Kabaddi Warriors Take 2nd Spot Nationwide

Proving their dominance in traditional sports, Superior's kabaddi team clinched 2nd Position in the All Pakistan Intervarsity Kabaddi Men Championship. The team showcased explosive raids, rock-solid chain defense, and match-winning strategy throughout the tournament. Their consistent pursuit of excellence on the kabaddi field shows the depth of talent Superior continues to produce. This achievement isn't just a win for the players; it's a nod to the legacy of local sports being carried forward by young, dynamic champions who never back down.





## The Leaping to Silver: Azqa Iqbal Shines in Long Jump

Flying through the air with grace and grit, Ms. Azqa Iqbal soared to success by winning a Silver Medal in Long Jump at the Khelta Punjab Program. Her achievement is a reminder of what can be accomplished when talent is nurtured with the right guidance and support.

Azqa represents a new generation of women athletes—ambitious, strong, and focused. Her podium finish marks yet another milestone in Superior University's growing legacy of promoting women's participation in high-performance sports. Her story encourages more young women to leap toward their dreams, both literally and metaphorically.



### The Golden Throws, Greater Dreams: Khadija Mahreen's Double Victory

Superior University proudly celebrates Ms. Khadija Mahreen, who clinched Gold Medals in both Discus Throw and Javelin Throw during the Khelta Punjab Program. Her remarkable performance is not only a personal victory but a beacon of inspiration for women in sports across Pakistan.

Khadija's dominance in field athletics reflects her rigorous training and firm determination. At a time when female participation in sports is still evolving, her achievement breaks barriers and creates new standards. With each throw, she hurls forward the promise of progress, making a strong statement for equality and excellence.



## The Bodybuilding Brilliance: 3rd Place at All-Pakistan Intervarsity

Superior's dedication to athletic excellence was once again proven when our students secured 3rd Position at the All-Pakistan Bodybuilding InterVarsity Championship 2024-25. Competing against the best from across the nation, Superior athletes demonstrated unmatched discipline, aesthetic form, and strength.

Their journey to the podium was fueled by consistent training, guided mentorship, and a strong will to succeed. This victory symbolizes not just physical prowess but the mental fortitude and personal commitment required to achieve greatness. The team's success is an inspiration for others to build strength not only of body but also of character.



## The Judokas Rise: Superior Scores in National Judo Championship

Displaying skill, strategy, and determination, Superior's judokas clinched 3rd Position at the All Pakistan Intervarsity Judo Men Championship held at Islamia University Bahawalpur. The team earned one Gold, two Silver, and one Bronze Medal, proving their mettle on the mat.

This accomplishment reflects the university's consistent efforts in developing well-rounded athletes who perform with honor and heart. With every takedown and submission, they illustrated the values of perseverance, discipline, and humility that define the spirit of judo and of Superior itself.





# Superior University Shines at FORMAN Olympiad 2025 — A Triumph of Our Talent and Tenacity!

Superior University continues to raise the bar in sporting excellence, as our dynamic athletes made a resounding impact at the FORMAN Olympiad 2025, turning heads and winning hearts with their outstanding performances. With medals gleaming and spirits soaring, the event became vet another proud chapter in our legacy of athletic achievement In the Male Shotput category, Zohaib claimed a hard-earned Silver, while Wasif delivered a powerful throw to secure Bronze, showcasing raw strength and precision. Madiha,



in a show of sheer determination and technique, earned Silver in the Female Shotput, further cementing Superior's dominance in track and field events. Adding electrifying speed to the mix, Eman Asif stormed the track in the 100m Female Sprint, crossing the finish line with unmatched energy to seize Silver. Her blazing performance embodied the grit, grace, and determination that define the Superior spirit.

These victories are not just about medals—they are a celebration of discipline, dedication, and the relentless pursuit of excellence. Behind every win lies hours of practice, the guidance of passionate coaches, and the unshakeable support of a university that believes in empowering its students through sports.

At Superior University, we view sports as more than just competition—they are a crucible for character-building, leadership, and holistic development. These stellar achievements at FORMAN Olympiad 2025 are a shining testament to our athletes' resilience and our institution's unwavering commitment to nurturing champions on and off the field.





#### Our Research Superhero Ranked

#### 9th Globally in Gene Polymorphism Among the top 0.05% of scholars worldwide



Superior University continues to make its mark on the global research map through remarkable faculty achievements that embody the institution's vision of becoming a world-class research university. In a moment of pride and inspiration, Dr. Kanwal Ashiq, Lecturer at the Faculty of Pharmacy, has earned global recognition by being ranked 9th worldwide in Gene Polymorphism research, as per ScholarGPS 2024.

This prestigious ranking places Dr. Ashiq

#### among the top 0.05%

of scholars globally, reinforcing the university's commitment to nurturing academic excellence, fostering impactful research, and advancing knowledge that matters on a global scale.

Dr. Kanwal Ashiq's achievement is not an isolated milestone but a reflection of the vibrant and supportive research ecosystem cultivated at Superior University. Her ranking in the critical field of Gene Polymorphism,



Dr. Kanwal Ashiq Lecturer-Faculty of Pharmacy

which explores genetic variations and their implications in diseases, drug response, and personalized medicine, is a powerful demonstration of how locally rooted research can have global relevance. The ScholarGPS rankings are based on comprehensive metrics including publication volume, citations, and impact factor—criteria that Dr. Ashiq has surpassed with distinction. Her work addresses urgent medical and pharmacogenomic challenges and contributes to shaping future therapies and diagnostic tools, especially in the realm of precision medicine. Her global standing not only celebrates individual brilliance but also reflects the institutional ethos of Superior University: to foster innovation-led research that resonates across borders and disciplines.

Dr. Kanwal Ashiq's global ranking is aligned with Superior University's long-term research strategy, which is centered on internationalization, innovation, and industry-relevant scholarship. The university's efforts to promote high-impact research, incentivize scholarly publishing, and foster global academic linkages are bearing fruit through such achievements. The university has established various platforms and initiatives to support research excellence, including competitive research grants, international conferences, specialized labs, and faculty development programs. This robust infrastructure provides scholars like Dr. Ashiq the tools and freedom to explore, experiment, and excel.

# Superior Wins 1st Prize in Intra-University NutriFusion Food Product Development Competition 2025



Superior University proudly celebrates the outstanding achievement of its students from the Bachelor of Eastern Medicine (BEMS) program, who secured 1st Prize in the Intra-University NutriFusion Food Product Development Competition 2025. This prestigious competition brought together emerging minds from across various disciplines to present innovative and sustainable food products with nutritional and therapeutic value. Under the dedicated mentorship of Dr. Marium Ahsan, Lecturer at the Department of Eastern Medicine, Faculty of Pharmacy, the winning team developed a unique food product that impressed the judges with its scientific foundation, innovation, presentation, and potential for commercial application. Their entry reflected a deep understanding of functional nutrition and traditional healing systems, integrating modern research methods with the holistic principles of Eastern medicine.



This achievement is more than just a trophy—it symbolizes the fusion of research, innovation, and indigenous knowledge. It showcases the capabilities of Superior's students to not only think critically but also apply their learning in ways that serve public health and wellness. Competitions like NutriFusion are a critical part of Superior's broader strategy to promote research-informed, interdisciplinary learning that connects academia with community needs.

Moreover, this milestone illustrates how faculty mentorship and institutional support can transform classroom knowledge into real-world solutions. Dr. Marium Ahsan's guidance throughout the project exemplifies the university's commitment to nurturing research potential among faculty and students alike.

As Superior University continues to climb the ladder of research excellence, achievements like this strengthen its position as a frontrunner in promoting student-led innovation and applied research. The success of our BEMS students is not just a departmental triumph—it is a proud moment for the entire Superior family, reinforcing our collective vision of contributing to a knowledge-based, healthier, and more sustainable Pakistan.

## Collaborating with the Polish Academy of Sciences, Warsaw, Poland



Scientists have developed an in-situ hydrogel with remarkable potential to enhance bone repair and regeneration. In preclinical trials using a rabbit bone defect model, the engineered hydrogel fully repaired severe bone defects within just 20 days, showcasing both osteoconductive and osteoinductive properties.

Speaking on the innovation, a lead researcher Dr. Ahmed Shah remarked:

"Our hydrogel not only supports cell adhesion and growth but also actively promotes differentiation, which is critical in stimulating natural tissue regeneration. The results we've seen, especially in cases of trauma, degeneration, and neoplasia, are truly promising."

Radiological and histological analyses confirmed the hydrogel's efficacy, revealing synergistic bone regeneration. This cutting-edge research points toward a future where faster, more effective bone healing becomes a clinical reality — opening new frontiers in the treatment of complex skeletal injuries and advancing the broader field of regenerative medicine.

New research from Superior University, in collaboration with the Institute of Fundamental Technological Research, Polish Academy of Sciences, Warsaw, Poland, marks a significant leap in regenerative medicine.



Superior University's International Office marked a strong presence at the 10th annual EURIE Summit in Turkey, highlighting our commitment to internationalization through the signing of key MOUs. EURIE serves as a vital hub, connecting global higher education with the dynamic Eurasian region and fostering collaboration and knowledge exchange. These strategic partnerships will open doors to greater global engagement and enriched opportunities for our students.















#### **Charting the Future:**

#### Superior University Elects Its First Alumni Leaders



By: Saddam Jan

Superior University made history by organizing its 1st Alumni Association Elections, marking a significant milestone in strengthening the bond between alumni and their alma mater. With 23,376 verified voters across 10 faculties, the elections provided former students with the opportunity to elect their representatives and contribute to the growth of the Superior Alumni Community.

23,376 verified voters



#### **The Election Process**

The election campaign officially commenced with all participating panels actively engaging faculty across Main Campus, Gold Campus, and City Campus. The contesting groups—Combine Group, Legacy Group, Alliance Group, and Stars Group—met with Deans, Heads of Departments, and faculty members to seek their support and present their vision for the alumni association. The campaign phase was filled with enthusiasm, unity, and a shared commitment to alumni welfare and institutional growth.

The journey to the Superior Alumni Association elections was nothing short of extraordinary! A total of 36 candidates contested, leaving no stone unturned in securing endorsements from top actors, comedians, cricketers, industrialists, and media figures. The vibrant campaign brought alumni together, reinforcing the spirit of camaraderie and institutional pride.

Voting took place online from January 24 to January 25, 2025, ensuring accessibility and ease of participation for all registered alumni. A dedicated online portal was launched, allowing alumni to cast their votes effortlessly from anywhere in the world.

#### **The Grand Announcement**

After a highly competitive election period, the Combine Group emerged victorious, securing the majority vote. The results were formally announced by Superior University's Rector, Prof. Dr. Sumaira Rehman, on January 27, 2025, in the presence of all contesting panels. The announcement marked the beginning of a new era of alumni leadership, dedicated to fostering professional connections and supporting the Superior community.



## Celebrating Success: Oath-Taking & Special Lunch at Naheed Palace

A grand oath-taking ceremony was held for the elected representatives during Superior University's Convocation 2025. To honor the winning panel and all contesting groups, Chairman of The Superior Group, Prof. Dr. Chaudhary Abdul Rehman, hosted a special lunch at Naheed Palace. During the event, the Chairman shared his vision for a strong alumni association dedicated to career advancement, networking, and lifelong learning opportunities for Superior graduates.

In his address, he emphasized the importance of alumni engagement in mentoring students, organizing social and learning events, supporting employability, and establishing a legacy of leadership. Speaking on the occasion, Prof. Dr. Sumaira Rehman encouraged the newly elected alumni representatives to develop



a structured plan for upcoming alumni activities to ensure the sustainable development and expansion of the alumni network.

As a token of appreciation, goody bags were presented to all panel members, acknowledging their efforts and commitment to strengthening the alumni community.



## A Promising Future for Superior Alumni

The 1st Alumni Elections at Superior University set a remarkable precedent for alumni engagement. With the establishment of a dedicated alumni leadership body, graduates now have a formal platform to connect, collaborate, and contribute to academic and professional growth.

The elected representatives will play a crucial role in shaping future networking events, career support initiatives, mentorship programs, and alumni reunions. Their leadership will help bridge the gap between alumni and students, creating opportunities for mutual learning and success.

Superior University looks forward to developing a strong alumni network that will not only support its graduates but also contribute to the university's long-term vision of excellence in education and professional development.





#### **ELECTED BODY**



I am honored to serve as the President of the Superior Alumni
Association. This platform will bridge the gap between alumni and our alma mater, fostering opportunities for networking, scholarships, mentorship, and professional growth. Together, we will build a stronger and more connected alumni community."

"It's a privilege to

Mehreen Akbar Monga

contribute to strengthening our alumni network. I look forward to fostering collaborations and initiatives that benefit both current students and graduates, ensuring lifelong learning and career development.





#### **ELECTED BODY**



As Vice President, my goal is to create meaningful opportunities for alumni to engage, grow, and give back. Our shared experiences and networks are invaluable in uplifting one another and supporting future generations."

Ahmad Jamal Sandhu Senior Vice President

"I am committed to

Muhammad Wasif Bhatti General Secretary

ensuring effective communication and collaboration within our alumni network. This association is more than just a community—it's a support system that helps us all advance in our careers.





#### Strengthening Academia-Industry Linkages: Superior University Signs MoU with LCCI

Superior University has taken a significant step toward bridging the gap between academia and industry by signing a Memorandum of Understanding (MoU) with the Lahore Chamber of Commerce and Industry (LCCI). This strategic alliance aims to foster practical learning, promote entrepreneurial innovation, and align academic pursuits with real-world industry needs. The MoU signing ceremony was held at the LCCI headquarters, where Khawaja Hisham-ul-Hasan, **Director of Superior University** City Campus, and Shahid Nazir, Vice President of LCCI, formally endorsed the partnership. The event marked the beginning of a collaborative journey focused on empowering students and professionals alike through shared knowledge, expertise, and opportunities. Under this agreement, both institutions will collaborate on joint research ventures, co-designed academic programs, industrydriven skill development initiatives, internships, job placements, and entrepreneurship-centered activities.

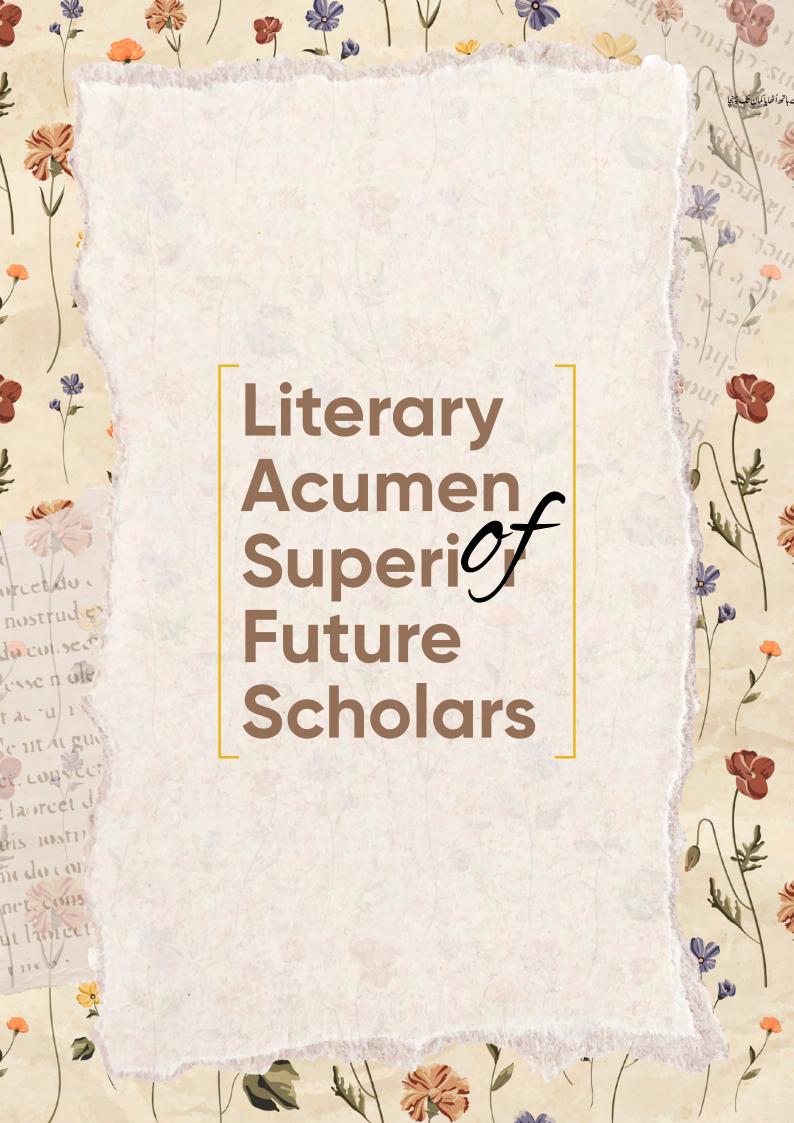




This partnership underscores a mutual vision to produce industry-ready graduates equipped with relevant skills and a problem-solving mindset. The event was further graced by the presence of Dr. Arfan Jaffar, Dean of the Faculty of Computer Science and IT, and Tayyab Anwar Rao, President of the Superior Alumni Association, whose contributions to the university's industry engagement efforts have been instrumental.

This collaboration not only strengthens Superior University's commitment to producing globally competitive graduates but also amplifies LCCI's mission to cultivate innovation-driven economic growth. Together, they aim to create a sustainable ecosystem where academia and industry move forward hand in hand.





#### Creativity Is the Expression of the Human Soul

Marwa Mehmood SU91-DPTHM-F22-036 Doctor of Physiotherapy Superior University Lahore

I didn't grow up with crayons in my hand I grew up with responsibilities. Being the eldest daughter in a Pakistani household didn't leave space for artistic hobbies or childhood whims. But somehow, creativity still found me in moments when I nervously braided my sister's hair, whispered bedtime stories to calm her, or sat silently with thoughts I didn't know how to say out loud. I learned early on that for girls like me, creativity wasn't about chasing beauty. It was about surviving.

Growing up too fast wasn't something I chose, it just happened. Before my parents had figured out how to parent, I had already stepped into that role for six younger siblings. I became their safe space. I never really cried, not because I didn't want to, but because I couldn't afford to. So, I started writing letters I never sent. I sang little songs I made up on the spot. I rearranged our furniture not to decorate, but to feel some control in a life that often felt like chaos. In all of this, creativity became my secret comfort. It didn't heal me medically, but it kept me sane.

When we moved to Pakistan, I felt like a stranger in my own skin. I was back home but felt alienated . But things began to shift when I got into a hostel in Lahore. That new place, filled with unfamiliar faces, became my turning point. Once a struggling student, I began to find my voice slowly but surely. I started taking on leadership roles: Executive Member of the Photography Society, Finance Head of the Healthcare Society and part of Animal society. These weren't just titles. They were spaces where I could share my ideas, build something real, and reconnect with myself.

My clinical training at Boston Physiotherapy and Fatima Memorial Hospital taught me more than how to care for patients. I learned how to listen not just to pain, but to what wasn't being said. I learned to adjust, to connect. Being Leader of my Entrepreneur group, I made Spiropulse a digital spirometer that got us into top project got us an A+. Volunteering with the police and

becoming leader of a Research team sparked a new fire in me. I began to dream beyond physiotherapy, maybe diplomacy, maybe public speaking, maybe advocacy. I began to imagine a version of myself I had never dared to see before.

Through all this, creativity stayed with me. I wasn't just following a script written by my culture. I was writing my own. No one tells you how lonely leadership can be; but in all that, creativity became my company, my quiet rebellion.

In our culture, girls are raised to carry the world on their shoulders and to smile while doing it. I couldn't shout. I couldn't say no. But I could create. Like Fatima Al-Fihri, who founded the world's first university in silence and strength, I built something lasting not with permission, but with purpose.

This isn't just about me. It's about every Pakistani girl who keeps going who keeps giving, and creating, and dreaming in silence. We're not just enduring. We're building. Unshakeable. As Khadijah (RA), the first Muslim woman and a powerful businesswoman, showed us our strength lies in quiet courage. And as Aisha (RA) reminded the world, knowledge, dignity, and faith can live in the same woman.

Today, when marriage proposals start coming in, I feel that pressure. The eldest daughter always does. But I also feel something stronger purpose. I don't need to rush or fit someone else's idea of success. I'm creating my own. I see every girl who wants to be seen. I'm standing with her, in quiet solidarity.

All my life, I was never given a choice to create. So, I created anyway. I did it to breathe. To stay connected to the part of me that still hoped. People see me and think I have it all together. What they don't see is the world I carry inside made of poems, colors, and quiet defiance. And through every piece I create, I say the same thing: "I am here. And I matter."

No one tells you how lonely leadership can be; but in all that, creativity became my company, my quiet rebellion.

I wasn't just following a script written by my culture. I was writing my own.

ر مضان کے آخری عشرے میں چھٹی کے دن اسلامیات کی فیکلٹی اور یونیورسٹی کی اعلی انظامیہ کے تقریباً ستر افراد کے ساتھ ایک اہم سیشن منعقد کیا گیا، جس میں چیئر مین صاحب نے اس پر وجیکٹ کا مقصد اور خاکہ تفصیل سے بیان کیا۔ اُنہوں نے واضح کیا کہ کر دار سازی کا عمل اوپر سے شروع ہوتا ہے: جب تک استاد اور قیادت خود اخلاقی معیار پر پورانہیں اتریں گے، طلبہ میں بہتری ممکن نہیں۔ اس سیشن میں "سپیر ئیر فریم ورک فار کر یکٹر ماسٹر ی در پہلی بارپیش کیا گیا، جس میں کر دارکی آٹھ بنیاد کی صفات کو مرکزی حیثیت دی گئی: علم و حکمت، حوصلہ، خلوص، انسانیت، عدل، اعتدال، ماسٹر ی در پہلی بارپیش کیا گیا، جس میں کر دارکی آٹھ بنیاد کی صفات شامل کی گئیں تا کہ ان کی روشنی میں فردکی ذاتی، پیشہ ورانہ، روحانی اور معاشر تی زندگی سنور ماسور عملی حکمت۔ ان کے ساتھ 13 ذیلی صفات شامل کی گئیں تا کہ ان کی روشنی میں فردکی ذاتی، پیشہ ورانہ، روحانی اور معاشر تی زندگی سنور سیشن کے بعد سیشن میں شریک افراد کی ٹرینگ کا آغاز ہوا۔ 28 مقتوں پر مشتمل اس طویل بڑین ٹریننگ کے دوران تمام افراد نے اس برتیب سے مطالعات کا کام سیشن میں شریک افراد کی ٹرینگ کی آغاز ہوا۔ 28 مقتوں پر مشتمل اس طویل بڑین ٹریننگ کے دوران تمام افراد نے اس برتیب سے مطالعات کا کام اخبام دینا تھا۔ مختلف ٹیمیں بنادی گئیں۔ تمام افراد کو گروپس اور ٹیم لیڈر میں تقسیم کر دیا گیااور یوں کام شروع ہوگیا۔



سید علی محن نقوی نے اپنی دیگر ذمہ داریوں کے ساتھ ساتھ اسلامیات کی فیکلٹی کی تربیت اور نصاب کی از سرِ نو (CAKCCIS) ڈائر کیٹر ترجی پر مبنی اسلامیات پڑھائی جارہی تھی، تاہم اب فریم ورک کی ترجیب پر کام شروع کیا۔ یو نیورسٹی کے انڈر گر یجویٹ پر و گرامز میں پہلے سے قرآنی ترجی پر مبنی اسلامیات پڑھائی جارہی تھی، تاہم اب فریم ورک کی روشنی میں ہینٹر روشنی میں ہینٹر اور فال ہو کے لیے انگریزی زبان میں ہینٹر Seven Habits کے لیے انگریزی زبان میں ہینٹر کو کہ تارہ کی گئے۔ اس دوران تمام اسلامیات فیکلٹی کو جیسی کتب کے مطالع کے لیے با قاعدہ وقت دیا گیا، جس پر چھ Trust & Inspire اور People اور Seffective People کے سے سات ماہ کے دوران مسلسل سیشنز اور ریفلیکش میٹنگر کا انعقاد ہوتارہا۔



ع**زادار** حسین ایجوکیشناینڈرمننگ پنجر چوہدری عبدالخالق سنفرفار کننٹمپوریری سائنسز (CAKCCIS)

### کریکٹر ماسٹری پر وجبکٹ ۔ سپیر بیر یونیور سٹی کاانقلابی تربیتی قدم

میں اِس دفعہ جب عمرہ کی غرض سے بیت اللہ مشرف ہوا تو میں زیارت کے دوران اِس پر و جیکٹ کے بارے میں سوچ رہاتھا۔" یہ الفاظ چیئر مین" سپیر ئیریونیورسٹی پر وفیسر ڈاکٹر چوہدر کی عبد الرحمن صاحب کے ہیں۔ جب چیئر مین صاحب نے یہ جملہ کہا کہ "میں عمرے کے دوران مسلسل اسی پر وجیکٹ کے بارے میں سوچنار ہا"، تو مجھے یقین ہوگیا کہ وہ اس کام کے ساتھ بے حد مخلص ہیں۔ اُس وقت یہ منصوبہ صرف دوسے تین ماہ پر انا تھا اور صرف پانچ افراداس پر کام کررہے تھے، جنہیں چیئر مین صاحب خود تربیت دے رہے تھے۔ کوئی سوچ بھی نہیں سکتا تھا کہ محض ایک سال کے اندروہ اس پر وجیکٹ پر ذاتی طور پر لاکھوں روپے خرچ کریں گے اور ایک ہزارسے زائد افراد کو تربیت دیں گے۔ آیئے اب اس انقلا بی منصوبے کی تفصیلات کی طرف چیتے ہیں۔

انسان کی کامیابی کے لیے مہارت اور کر دار دونوں لازم وملزوم ہیں۔ صرف مہارت کسی فرد کو دیر پاکامیابی نہیں دے سکتیا گروہ دیانت، وقت کی پابند ی، اور خلوص سے کام نہ کرے۔ اسی طرح صرف چھا کر دار بھی کافی نہیں جب تک اس کے ساتھ پیشہ ورانہ مہارت نہ ہو۔ دنیا بھر کے تعلیمی ادارے مہارتیں توفراہم کرتے ہیں، لیکن کر دار سازی کو نظر انداز کرتے ہیں۔ کر دار کی پیائش مشکل ہونے کے باعث اسے اکثر محض اخلاقی تعلیم کے ایک مضمون تک محدود کر دیاجاتا ہے، جس کا نتیجہ یہ نکاتا ہے کہ فارغ التحصیل افراد عملی زندگی میں بدعنوانی، بددیا نتی اور وعدہ خلافی جیسے مسائل کا شکار ہو جاتے ہیں۔ بدقسمتی سے، عالمی مسطح پر پاکستانی ماہرین کی ساکھ بھی اسی وجہ سے متاثر ہوئی ہے۔

اسی احساس نے سپیریئیریونیورسٹی کے چیئر مین پر وفیسر ڈاکٹر چوہدری عبدالرحمٰن کو کر دار سازی کے ایک مؤثر ماڈل پر کام کرنے کی تحریک دی۔ اُنہوں نے بیہ تسلیم کیا کہ کر دار صرف پڑھایا نہیں جاسکتا، بلکہ اس کے لیے ایک ایسا عملی نمونہ در کارہے جس کی روشنی میں افراد خود کو سنوار سکیس۔ یہی سوچ دوکر کیٹر ماسٹری''منصوبے کی بنیاد بنی۔

چیئر مین صاحب نے اپنے کام کا آغاز چوہدری عبدالخالق سنٹر فار کنٹم پریں اسلامک سائنسز سنٹر کے چار منبجر زکے ساتھ نشستوں کا آغاز کیا۔ چیئر مین صاحب نے آئیس کہا کہ میں اسلامیات کی فکلٹی کو یونیور سٹی میں سب سے آگے دیکھنا چاہتا ہوں۔ یہ بات اُس وقت سمجھنا مشکل تھی۔ چیئر مین صاحب نے سب سے پہلے فائز احمد سیال کی تین عدد کتا بوں کا مطالعہ کرنے کی اسائنٹ دی جے گیارہ دنوں میں مکمل کیا جانا تھا۔ یہ 8 فروری 2024 کے الیک شنز "کے ایام تھے۔ اِن گیارہ دنوں کے بعد چاروں مذبحر زاُن کتا بوں کا مطالعہ کر چکے تھے۔ اِس کے علاوہ ''سب سے زیادہ متاثر کن افراد کی سات عادات کتا بوں کا مطالعہ کیا والی مقال مقال اور ''ما مالا کہ کا بیار "کا معالیہ کیا دور تھی کی سات عادات کتا بوں کا مطالعہ کیا کیا۔ اس کے علاوہ جول ہاور ڈکھ کیا ہوں کی کتاب 'رسول رحمت منظم الیا ہوئیں۔ کی کتاب 'رسول رحمت منظم الیا ہوئیں۔ کی کتاب 'رسول رحمت منظم الیا ہوئیں۔ کی کیا گیا۔ اس کے علاوہ جول ہاور ڈکھ کی کیا گیار شہر شال ہوئیں۔

اس کے بعد چیئر مین صاحب نے چنداہم سیشنز کاانعقاد کیا جن میں واضح کیا گیا کہ کر دار سازی کے لیے ہمیں ایسے لیڈر کو بطور نمونہ پیش کر ناہو گاجو ہر زمانے اور ہر پہلوسے کامل ترین ہو۔انہوں نے یہ بات زور دے کر کہی کہ تاریخ میں بے شارر ہنما گزرے ہیں، لیکن رسول اللہ لیٹے آئیڈ ہم جیسی جامع اور کامل شخصیت کی کوئی مثال نہیں۔چنانچہ سنٹر کے ڈائر کیٹر سید علی محسن نقوی کی سربراہی میں چاروں منیجرز کوایک اہم اسائنٹ سونچی گئی: پنجمبرا کرم ملٹے آئیڈ ہم کی سیر سے کی روشنی میں بارہ بنیادی صفات پر بہنی نوٹس تیار کیے جائیں جنہیں کر دار سازی کے نصاب میں شامل کیا جاسکے۔اس کام کے لیے چیئر مین صاحب نے تین پہلوؤں پر خصوصی توجہ دینے کی ہدایت کی:اول، ہر صفت کی جامع تعریف: دوم ،ان صفات کی ذاتی اور پیشہ ورانہ زندگی میں انہیں۔ انہیت:اور سوم، پنجمبرا کرم ملٹے آئیڈ کی کیسر سے واضح اور عملی مثالیں۔



موت کچھ بھی نہیں بگاڑ سکی مارڈالا ہے زندگی نے مجھے

جس کو بھیجے ہیں پھول تحفے میں خار بھیجے ہیںاُس کلی نے مجھے

> آبلہ پائی اور رسوائی یہ دیاہے تیری گلی نے مجھے

تشذلب میں گیا کنارے پر ریت ہی ریت دی ندی نے مجھ

میں اندھیرے میں دیکھ سکتا ہوں روشنی دی ہے تیرگی نے مجھے

> اس کئے میں خموش رہتا ہوں شعر بخشے ہیں خامش<mark>ی نے مجھے</mark>

موت رہتی <mark>ہے میرے پہلومیں</mark> پر سنجالا<u>ہے</u> زندگی نے مجھے

زین محکم ڈپار ٹمنٹ: کارڈیک پر **فیو**ژنز

Roll#: SU91-BCAPM-F23-153

سیش منعقد کیا گیا، جس کے بعد 10سے 12 اکتوبر کت چیئر مین صاحب کی (Grand Reflection) اکتوبر کے آغاز میں ایک بڑار پفلیکشن جانب سے کالام میں ایک تربی اور تفریکی ٹور کا اہتمام کیا گیا۔ اس دورے میں تربیتی سر گرمیوں کے ساتھ ساتھ تمام گروپس نے کر دار سازی کے اگلے مرحلے کے لیے عملی منصوبے بھی پیش کیے۔ اسی موقع پراٹھائیس ہفتوں پر مشتمل کر دار سازی کی ٹریننگ مکمل کرنے والے افراد کو سر شیفگیٹس اور کریکٹر ماسٹری بیجز سے نوازا گیا۔ یہ وہ وقت تھاجب اسلامیات کی فیکلٹی اپنی علمی، تربیتی اور عملی تیاری کے لحاظ سے باقی تمام فیکلٹی سے نمایاں حیثیت حاصل کر چکی تھی۔ ان کے پاس مکمل طور پر سپیرئیر فریم ورک کے مطابق ڈیزائن شدہ اسلامیات کی کتاب موجود تھی اور اُنہیں باقاعدہ اجازت تھی کہ وہ طلبہ کی کر دار سازی پر عملی کام شروع کریں، جبکہ دیگر شعبوں کے لیے ابھی اگلام حلہ باقی تھا۔

اس میں یو نیورسٹی کی تمام فیکلٹی کواسی فریم ورک اور طریقہ کار کے تحت اس پر وجیکٹ میں شامل کیا گیا۔ تمام کتب کے مطابعے اوراُن کے ریفلیکش کے بعد اُنہیں بھی سر نگیٹس دیئے گئے۔اس کے بعد چیئر مین صاحب کی طرف سے تمام فیکلٹی ممبران کے لئے بیان القرآن جوڈا کٹراسراراحمد مرحوم کے بعد اُنہیں بھی سر نگیٹس دیئے گئے۔اس کے بعد چیئر مین صاحب کی طرف سے تمام فیکلٹی ممبران کے لئے بیان القرآن جوڈا کٹراسراراحمد مرحوم کے دروس پر مشتمل سات جلدوں پر مشتمل تفسیر ہے، فری تقسیم کی گئے۔ بیپر وجیکٹ بالکل اُسی ترتیب پر آگے بڑھ رہا تھا جس کے مطابق کر دار کواوپر سے نیچ سفر کرنا تھا۔ یہ بات روزروش کی طرح واضح تھی کہ اگر جمار استاد نہیں بدلے گا تو طالب علم بھی نہیں بدل سکتا۔ کیا یہ بات ہمارے استاد کے لئے کافی نہیں ہے کہ قرآن کریم نے رسولئد المرشیقی ہی اور کام کا تقار میں معلم ہونے سے ایک جاہل معاشر ہی بیٹی بیٹر معلم شے اور ہم بھی معلم ہونے سے ایک جہال معاشر ہی بیٹی جنگیں بند ہو سکتی ہیں توآج کے اُس معلم کے کام کا نتیجہ بھی یہی ہونا چاہیے جو آپ مشیقی ہیں توآج کے اُس معلم کے کام کا نتیجہ بھی یہی ہونا چاہیے جو آپ مشیقی ہیں توآج کے اُس معلم کے کام کا نتیجہ بھی یہی ہونا چاہیے جو آپ مشیقی ہیں توآج کے اُس معلم کے کام کا نتیجہ بھی یہی ہونا چاہیے جو آپ مشیقی ہیں توآج کے اُس معلم کے کام کا نتیجہ بھی یہی ہونا چاہیے جو آپ مشیقی ہیں توآج کے اُس معلم کے کام کا نتیجہ بھی یہی ہونا چاہیے جو آپ مشیقی ہیں توآج کے اُس معلم کے کام کا نتیجہ بھی یہی ہونا

کر دار پڑھانااور کر دار بناناد والگ عمل ہیں۔ محض نصیحت سے لوگ بااخلاق نہیں بنتے، بلکہ کر دار سازی کے لیے مسلسل ماحول، عم<mark>ل اور رویوں کی</mark> ضرورت ہوتی ہے۔جب کسی ادارے میں اخلاقی گفتگو کا ماحول بن جائے، توسوچنے، سیجھنے اور سکھنے کا عمل خود بخود شروع ہو جاتا ہے۔ بار باراخلاقی اقدار کاذکر اور ان پر عمل انسان کے رویے کو بدل دیتا ہے۔

تاہم سب سے اہم بات میہ ہے کہ جو شخص اخلاق پر کام کر رہاہے ،وہ خود بھی بااخلاق ہو۔ کر دار کااثر نصیحت سے نہیں بلکہ نمونہ بننے سے آتا <mark>ہے۔اگر</mark> نیت خالص ہو، تواللہ خود راستے کھول دیتا ہے۔ سپیر ئیریونیور سٹی کے چیئر مین نے خلوصِ نیت سے وقت ، توانائی اور وسائل صرف کیے ہیں۔اب بی سب کی مشتر کہ ذمہ داری ہے کہ اس و ژن کو حقیقت میں بدلا جائے ، تاکہ ہم ایک باکر دار نسل تیار کر سکیں۔ لوگ جمع ہو ناشر وع ہو گئے مگر کھڑ کی بند ہو چکی تھی،روزن پر کپڑاتان دیا گیاتھا، سگریٹ زمیں پہپڑاسلگ رہاتھااور دانش کمر<u>ے</u> میں۔اندر خاموشی تھی، باہر کہرام۔

ا گلے دن گاؤں میں پنچایت بٹھانے کا فیصلہ کیا۔لو گوں نے چوہدری کے بیٹے پرالزام لگایا، مگر کوئی گواہ نہ تھا۔ا <mark>گلے روز کھڑ کی پیہ</mark> ! پنچی شاید آخری امید لیے

اس نے کئی مرتبہ دستک دی، بندروزن سے جھا نکنے کی کوشش کی، مد دے لیے پکارا۔ فری<mark>اد کی کہ جود یکھاہے اور سناہے خدارااس</mark> کی گواہی دے دو۔۔۔

کئی گھنٹوں کی کوشش مگربے سود۔۔۔۔

دانش اس کے لہجے کی کیکیا ہٹ محسوس کررہاتھاوہ اس کی مدد کرناچاہتا تھا مگر ہمدر دی پر خوف حاوی تھا، گاؤں سے <mark>زکالے جانے کا</mark> .... خوف پاشاید عادل نے ہاتھوں موت کا

ضمیر کو بہلا پھسلا کے سلادیااورا گلےروز پنجایت میں چل دیا۔

پنچایت وقت مقرره پر بیٹھی، عادل نے گواہ اور ثبوت لانے کا کہااور لڑکی کو آئکھیں د کھائیں

لڑنی نے دانش کی طرف دیکھا۔''آپ نے دیکھا تھاسب پچھ۔ آپ گواہی دیں گے ناں؟''اس نے سوالیہ نظروں سے اس کی جانب دیکھا۔

ا گلے ہی کمحے سارے حاضرین کی نظریں دانش پر تھیں۔

''ووہ ہڑ بڑاتے ہوئے بولا'' میں ... میں تووہاں تھاہی نہیں۔ میں اسے جانتا بھی نہیں۔

پنچایت نے فیصلہ دیا—لڑکی جھوٹ بول رہی ہے،اور بدنامی پھیلانے کی مر تکب ہے۔اسے گاؤں سے نکال دیاجا<mark>ئے۔</mark>

وہ خامو شی ہے پیچھے کی طرف ہو جھل قدم اٹھانے لگی نمدیدہ آئکھوں میں سوال لیے۔۔۔

چندون بعد خبر آئی۔ لڑکی کو چھراستے میں بے در دی سے قتل کر دیا گیا۔

وہ ایک نئے جہان کی مسافر ہو گئی مگر دانش ہمیشہ کے لیے اس لمحے میں قید ہو کے رہ گیااس کی زندگی وہیں تھم گئی

ں۔ اب،ہررات،جبوہ سونے کے لیے لینٹا ہے،اسے لگتاہے کہ بندروزن میں کوئی سابیہ منڈلارہاہے۔کھڑ کی کے پار کوئی ہے جو مسلسل دستک دے رہاہے، کوئی مد ھم آواز،درد بھریآ تکھیں اور لرزتے ہونٹ

کبھی کبھار وہاٹھ کر کھٹر کی کے پاس جاتا ہے۔ چاہتا ہے کنڈی کھول دے ، بندر وزن سے سب کپٹرےاد ھیٹر ڈالے <mark>اور مگر ہاتھ نہیں</mark> اٹھتے دل بیٹھ جاتا ہے اور وہ واپس لوٹ آتا ہے۔

اور دانش...اب صرف کھڑ کیاں بند کرتاہے اور بندر وزن سے جھانگتی آنکھوں سے چھپتاہے۔بستریہ کروٹیں ب<mark>دلتاہے، ضمیر کے</mark> روزن پہ کپڑے ٹانکتاہے کہ ضمیر کی پکی نیند کاپر دہ باقی رہے اور روح پہ ہور ہی دستک کو کان بند کیے جھولنے کی کوشش کرتاہے۔ !اس کی نینداب گواہی مانگتی ہے



عطيه نذير ڈپارٹمنٹ:الائیڈ ہیلتھ سائنسز BSSLP S22 008

بندروزن

دانش کی زندگی میں کچھ دروازے کبھی نہیں کھلتے ،اور کچھ کھڑ کیاں ہمیشہ بندر ہتی ہیں — ظاہر اُحفا ظتی تدبیر کے تحت، لیکن حقیقت میں وہ ضمیر کے دروازے ہوتے ہیں،جوایک باربند ہو جائیں توصدیوں دستکوں کے باوجود نہیں کھلتے۔

ہر رات سونے سے پہلے دانش ایک مخصوص ترتیب سے اپنے کمرے کی روشن دان پر کپڑا چڑھاتا، کھڑکی کی کنڈی کو دوبار گھماتا،اور پھر اند ھیرے میں لیٹ کر سنائے سے آئکھیں چراتا۔وہ جانتا تھا،سنائے میں بھی کچھ آوازیں ہوتی ہیں،اور اند ھیرے میں بھی کچھ چرے۔

یہ سب اُس ایک شام سے شر وع ہواتھا،وہ اکثر شام کے وقت روزن کھولتا، تازہ ہوا محسوس کر تااور ڈھلتے دن کے رکتے کمحول کودیر تک تکتار ہتا۔ مگراس شام جب وہ کھڑا ہوا تو منظر معمول سے زیادہ خاموش اوراداس تھااس کوسگریٹ کی طلب ہوئی۔وہ کھڑ کی میں کہنی ٹکائے،دھویں کے چھوٹے چھوٹے بادل اڑا تا ہوادنیا کوایک بے فکر زاویے سے دیکھ رہاتھا۔ کھڑکی کے اس طرف زمین تھی، خاموش، تھی ہوئی۔اور چھراچانک اس خاموشی میں ایک دوڑتی ہوئی آ ہٹ شامل ہوگئی۔

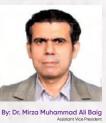
ایک لڑی، شایدستر و پااٹھارہ برس کی، پسینے میں شر ابور، دو پٹے سے بے خبر ،الجھے بال ،اور خو فیز دہ آنکھیں گویاموت کا نظارہ کر کے لوٹی ہودانش کے گھر کے سامنے آکر رکی۔اس کا چپرہ فاک آلود تھا،اور سانسیں ٹوٹی ہوئی تھیں۔ خدارا! مدد کریں! '''' ہاردیں گے ''۔۔۔۔' بھائی''' چو ہدری'' وہ چیخی۔'' دانش چو نک گیا، سگریٹ اس کے ہاتھ سے چھوٹ کر زمیں پہ جا گرا۔ ''حیرانی اور گبھر اہٹ سے اس کے لب بمشکل لفظاد اکر سکے ''کیا کون ؟ میرے بھائی کو ماردیں گے! چو ہدری کے بیٹے نے کہا ہے کہ قرض کا بدلہ جان ہوگی وہ اسے گھییٹ کر کھیتوں کی طرف لے گئے''

چ<mark>و مدری کابیٹا''عادل''—دانش کاد وست۔ بحی</mark>ین کاہم جماعت،ایک ساتھ مدرسے میں بیٹھنے والا۔دانش جانتا تھا،عادل کیا پچھ کر سکتاہے،اور کیا پچھ کر واسکتاہے۔

لڑی کے آنسو ہتے چلے جارہے تضاور ہچکیاں تھم نہیں رہ<mark>ی تھی۔ وہ چ</mark>اچے فضلو کی بٹی تھی جس کا چندر وزپہلے انقال ہوا تھااور اس نے اپنی بڑی بٹی کے جہیز کے لیے کچھ رقم چوہدری سے ادھار لی تھی۔ دانش کے دل میں ہمدردی کاایک ہلکا ساجھو نکا آیا، مگر فوراً خوف نے اس پریردہ ڈال دیا۔

<mark>اچانک، فضامیں ایک گولی کی آواز گونجی۔ یہ</mark> سب فقط چند لمحوں کادورانیہ تھالڑ کی پیچھے مڑی،اس کی ہمت جواب دے چکی تھی،وہ <mark>ایک دم زمین یہ ایسے گری کہ ہڈیاں چُور ہو گئی ہوں۔</mark>

#### **Walking Beyond Limits** My Journey at Superior University



I still remember my first day at Superior University—the hustle of students, the towering academic blocks, and me, quietly holding my walking stick, wondering if I truly belonged here.

Born with a leg condition that made walking a challenge, I had grown up knowing I'd have to work twice as hard to be seen, to be heard, to be accepted. But the day I stepped into Superior, something felt different. It wasn't just a university; it felt like a promise.

At Superior, I wasn't seen for my disability—I was recognized for my ability. My professors didn't treat me with pity. Instead, they held high expectations, and in that expectation, I found strength. My classmates became my support system. The campus became my second home.

Pursuing a PhD was never a straight path. There were moments when the pain made it hard to focus, and days when I questioned whether I could continue. But every thesis review, every research presentation, every latenight library session became a step forward—not just academically, but personally.

Superior didn't just give me a degree—it gave me dignity. It taught me that resilience is not about walking without struggle but walking despite it. It taught me leadership, scholarship, and most of all, self-belief.

Today, as I look back, my walking stick no longer feels like a symbol of limitation—it's a reminder of the journey, the miles I walked, and the barriers I broke.

"To every student who feels different, limited, or uncertain: your strength may look different, but it's real. And here at Superior, it's recognized.





قلم سے ہاتھ اُٹھایا کمان تک پہنچا پچھ اس طریقے سے میں اس جہان تک پہنچا

> نہیں ہے ایسا کہ یو نہی اُتر گیااس میں میں خاک ملتا ہوا خاکدان تک پہنچا

تمام عمر کٹی وحشتوں میں پھر اک دن میں گرتاپڑ تاکسی مہر بان تک پہنچا

ازل سے یہ ہی روبیہ ہے ابن آ دم کا ذلیل ہو تاہوااس جہان تک پہنچا

نہ جانے کون تھے کہ جن کومل گئی منزل میں ایک عمر چلالا مکان تک پہنچا

سوال ایک بھی آتا نہیں مجھے اِس کا نڈھال ہو کے میں جس امتحان تک پہنچا

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