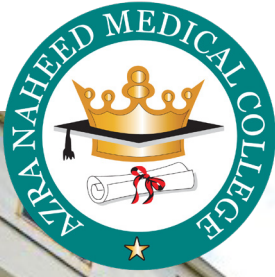




SUPERIOR
UNIVERSITY



MEDDENT BULLETIN

Quarterly Newsletter (Volume-1)

Azra Naheed Medical College
Azra Naheed Dental College
& Chaudhry Muhammad
Akram Teaching and Dental
Hospitals

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Faculty Feature: “In Conversation With Prof. Dr. Muhammad Aslam, Principal, Azra Naheed Medical College, Superior University Lahore”



1) Could you share a little about your journey and what inspired you to pursue this field?

From an early age, I was fascinated by how science and compassion came together to improve people's lives. As I progressed through my education, I realized that healthcare was not just a profession, it was a purpose. The blend of lifelong learning, patient interaction and the ability to make a tangible impact inspired me to pursue this field wholeheartedly. Each step in my journey, from my early clinical experiences to advanced training, strengthened my commitment to serving and educating future healthcare professionals.

2) What do you enjoy most about being part of Azra Naheed Medical College?

What I enjoy most is the nurturing academic environment and the sense of community. ANMC brings together talented students, dedicated faculty and a supportive leadership team, creating a space where innovation and compassion thrive. The college's commitment to continuous improvement and holistic education makes it a truly inspiring place to work and grow.

3) How would you describe your teaching or clinical philosophy?

My philosophy centers around empathy, critical thinking and patient-centered care. I believe students should not only master clinical skills but also understand the human side of medicine. I encourage active learning, open dialogue and hands on experience, helping students develop confidence, accountability and professionalism. Ultimately, my goal is to help them become not just competent clinicians, but compassionate healers.

4) What advice do you give students to help them excel in both academics and patient care?

I always tell students to stay curious, stay consistent and stay compassionate. Academically, disciplined study habits and understanding concepts not just memorizing are key. In patient care, empathy, attentive listening and clear communication make all the difference. Balancing both requires time management and self-care, but the reward is a fulfilling and impactful career.

5) How do you see the future of medical/dental education evolving in the coming years?

Medical and dental education is rapidly evolving toward more technology-driven, patient centered and interdisciplinary approaches. Digital simulations, artificial intelligence and personalized learning pathways will continue to reshape how we teach and practice. At the same time, there is a growing emphasis on ethics, mental health and community-based care. The future will demand not only technical expertise but emotional intelligence and adaptability.

6) What is one message you would like to share with young healthcare professionals?

Remember that your knowledge is powerful, but your character is what defines you. Stay humble, stay committed to learning and never underestimate the impact of kindness. Healthcare is a journey of service; every patient you meet is trusting you with something precious.

7) How do you unwind or recharge outside of work?

As Principal of Azra Naheed Medical College, I recognize the importance of maintaining a healthy equilibrium between my professional obligations and personal well-being. While my workdays are fully dedicated to fulfilling academic, administrative and institutional responsibilities, I reserve my weekends for quality time with my family. These moments of connection allow me to unwind, reflect and restore my energy. The supportive and peaceful environment at home plays a vital role in helping me maintain clarity, composure and renewed focus. This balance enables me to return each week with strengthened motivation and a refreshed mindset, ensuring that I continue to lead with purpose and effectiveness.



Campus & Hospital Highlights

Laparoscopic Simulation Workshop – Department of Urology & Renal Transplant

Azra Naheed Medical College, in collaboration with Chaudhry Muhammad Akram Teaching & Research Hospital (CMAT&RH), successfully conducted a comprehensive Laparoscopic Simulation Workshop on 9th July 2025, organized by the Department of Urology & Renal Transplant.

The one-day hands-on workshop was designed to enhance the surgical skills of consultants, postgraduate trainees and house officers from the departments of **Urology, General Surgery and Gynecology**. Participants practiced laparoscopic techniques in a safe, simulation-based environment refining their precision, coordination and decision-making skills essential for minimally invasive surgery.

The initiative was highly appreciated by attendees, who valued the opportunity to gain real-time experience using advanced laparoscopic simulators. The session underscored the institution's commitment to **modern surgical education**, emphasizing how simulation-based learning contributes to **improved surgical outcomes and patient safety**.

By fostering such high-impact training opportunities, the Department of Urology & Renal Transplant continues to play a vital role in advancing the standards of postgraduate surgical education at ANMC.



Invasive Ventilation in Neonates – Department of Pediatrics

The **Department of Pediatrics** at Azra Naheed Medical College, Superior University, organized a focused **Workshop on Invasive Ventilation in Neonates** under the supervision of **Prof. Dr. Iqbal Ahmad Azhar (Head of Department)**.

This hands-on workshop brought together postgraduate trainees and young doctors from ANMC and other institutions to strengthen their understanding of neonatal respiratory support. Facilitated by **Dr. Sikandar Hayat (Associate Professor, Neonatology)** and **Dr. Waseem Saleem (SIMS)**, the session covered practical aspects of ventilator setup, patient monitoring, troubleshooting and individualized ventilation strategies for neonates in critical care.

Prof. Dr. Mohammad Aslam (Principal, ANMC) graced the event and awarded certificates to the participants, commending the department's dedication to continuous professional development and quality training.

The workshop highlighted the crucial role of neonatal intensive care training in reducing morbidity and mortality among newborns, reaffirming ANMC's mission to produce **competent, compassionate and clinically skilled pediatricians** equipped to meet modern healthcare challenges.



Orientation for New Students & House Officers

The academic year commenced with vibrant **orientation sessions** organized for both newly admitted BDS students and the incoming batch of house officers at **Chaudhry Muhammad Akram Dental Hospital (CMADH)**.

Under the supervision of **Prof. Dr. Hira Asghar (HOD, Dental Materials)** and the **Student Session Committee**, new students were introduced to the institutional mission, vision and core values of Superior University. The sessions familiarized them with **Program Learning Outcomes (PLOs)**, academic policies, code of conduct and the wide range of student support facilities available on campus.

For house officers, orientation included briefings by **Prof. Dr. Ayma Syed (Vice Principal and C)** and the administrative team, covering departmental workflows, cross-infection control and hospital safety measures such as **needle-stick injury management, fire safety protocols and spill kit procedures**.

Representatives from the **HR and IT departments** provided training on institutional policies, HMIS usage and digital patient management systems. These sessions helped new entrants transition smoothly into the professional environment, instilling a strong sense of **discipline, accountability and ethical practice** hallmarks of the Superior learning experience.





Academic Highlights

Guest Lecture: Approach to Diagnosis and Management of Inflammatory Bowel Disease (IBD)

Azra Naheed Medical College had the privilege of hosting an insightful **guest lecture on “Approach to Diagnosis and Management of Inflammatory Bowel Disease (IBD)”** delivered by **Dr. Naeen Chaudhry**, Assistant Professor, Division of Gastroenterology, Department of Medicine, **University of Florida, USA.**

Dr. Chaudhry shared her extensive clinical experience and in-depth knowledge on the spectrum of IBD, focusing on diagnostic challenges, patient-centered management and emerging therapeutic options. The lecture emphasized the importance of multidisciplinary collaboration between gastroenterologists, surgeons and nutrition experts for comprehensive IBD care.

Faculty members, residents and medical students attended the session with great enthusiasm, engaging in an interactive Q&A that deepened their understanding of chronic gastrointestinal disorders.

This academic engagement reflects ANMC's continued commitment to **global learning, evidence-based practice and excellence in medical education**, fostering an environment where students and faculty gain exposure to international best practices and innovative healthcare perspectives.



MedPro Series - Driving Innovation in Medical and Dental Education

The **Medical Education Professional Development (MedPro) program** at **Azra Naheed Medical and Dental Colleges**, Superior University, continued to play a transformative role this quarter by fostering academic excellence, pedagogical innovation and digital competence among faculty members.

Conducted in collaboration with the **Research Cell, ANMC**, the MedPro series from **July to September 2025** featured a variety of forward-thinking sessions designed to empower educators with the tools and strategies needed for contemporary teaching, assessment and research.

Each session reflected the University's vision of nurturing **competent, compassionate and creative educators** capable of preparing healthcare professionals for a rapidly evolving global landscape.

Learn the Art of Flipping: From Traditional to Blended Learning

Facilitators: Dr. Tayyaba Azhar & Dr. Mehvish Shahid
Date: 24th July 2025 | Venue: CMATH Conference Room, ANMC

The first session in the MedPro series introduced participants to the concept of **flipped classrooms and blended learning** dynamic approaches that shift the focus from passive to active learning.

Dr. Tayyaba Azhar and Dr. Mehvish Shahid guided participants through the essentials of course restructuring, integration of e-learning tools and the use of pre-class and in-class activities to promote engagement.

Through interactive discussions and live demonstrations, faculty explored how blended learning bridges the gap between traditional lectures and self-directed digital learning, encouraging deeper student participation.

The session emphasized the importance of adaptability and creativity in medical education, preparing educators to meet the changing expectations of modern learners.



Prompting Fundamentals The Art of AI-Powered Teaching

Facilitators: Dr. Ahmed Abdullah, Dr. Moeed Haider Naqvi & Dr. Shehryar Awan
Date: 19th August 2025 | Venue: Conference Room, CMARTH, ANMC

In a first-of-its-kind workshop, “**Prompting Fundamentals 101**” introduced faculty members to the world of **Artificial Intelligence and effective prompt engineering** for education.

The session highlighted how generative AI tools can support medical and dental educators in designing case-based learning materials, crafting clinical scenarios and generating high-quality educational content.

Participants learned the “art of prompting” ,how well-structured prompts lead to precise, reliable and contextually relevant outputs.

Interactive elements like **Prompt Bingo** made the workshop both engaging and hands-on. Faculty members experimented with designing prompts tailored to their disciplines, exploring how AI can simplify research, assessment and teaching tasks.

The highlight of the session was a live **CustomGPT demonstration**, showing practical applications of AI in **Case-Based Learning (CBL)**. This exciting integration of technology and pedagogy opened new possibilities for innovation in healthcare education.



From Prompt to Practice Item Development for MCQs, OSCEs & OSPEs

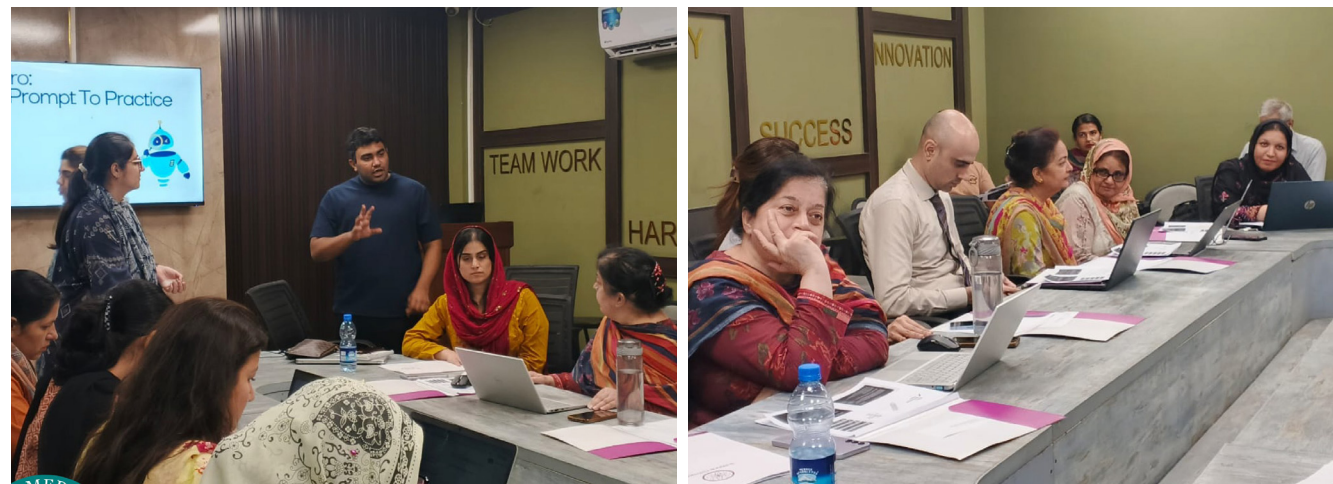
Facilitators: Dr. Tayyaba Azhar, Dr. Mehvish Shahid & Dr. Ahmed Abdullah
Date: 27th August 2025 | Venue: Hospital Basement Conference Room, CMARTH,
ANMC

This workshop focused on a critical component of medical education **assessment design**. Participants were guided through the process of developing valid, reliable and objective evaluation tools such as **Multiple Choice Questions (MCQs)**, **Objective Structured Clinical Examinations (OSCEs)** and **Objective Structured Practical Examinations (OSPEs)**.

The facilitators emphasized aligning assessment items with intended learning outcomes and Bloom's taxonomy, ensuring assessments accurately measure knowledge, skills and attitudes.

Practical exercises allowed participants to draft and critique sample questions, identify common flaws and improve clarity and fairness in testing.

By the end of the session, attendees had gained a deeper understanding of how effective assessment supports competency-based education and continuous improvement in teaching and learning quality.



Qualitative Research Methods for Global Public Health

Facilitators: Prof. Dr. Syed Imran Ali Shah & Dr. Mirza Ameer Faizan Ali
Date: 28th August 2025 | Venue: Hospital Basement Conference Room, CMARTH, ANMC

This session introduced participants to the significance and practical application of **qualitative research** in healthcare and public health.

Prof. Dr. Syed Imran Ali Shah and Dr. Mirza Ameer Faizan Ali explored qualitative approaches such as **interviews, focus groups and thematic analysis**, helping faculty understand how these methods uncover the human and social dimensions of health care delivery.

Through case discussions and scenario-based exercises, participants learned to design qualitative studies, analyze data and apply findings to policy development and community health practice.

The workshop encouraged reflection on how qualitative insights complement quantitative research, ultimately leading to more holistic and patient-centered healthcare outcomes.

Use of Artificial Intelligence in Research & Publications

Facilitators: Dr. Tayyaba Azhar & Dr. Mehvish Shahid
Date: 24th July 2025 | Venue: CMATH Conference Room, ANMC

The final MedPro session of the quarter delved into the **integration of Artificial Intelligence in medical research and scholarly publishing**.

In collaboration with the **Research Cell, ANMC**, Dr. Muhammad Qasim Ali highlighted the growing influence of AI tools in literature review, data analysis, plagiarism detection and manuscript preparation.

Participants were introduced to practical platforms that assist researchers in generating hypotheses, identifying relevant studies and streamlining academic writing.

The discussion also addressed ethical concerns related to authorship, originality and transparency in AI-assisted research.

This session empowered faculty and researchers to leverage AI responsibly while maintaining academic integrity and scientific rigor, a crucial skill in the modern era of digital research.

Empowering Educators for the Future

The **MedPro Series** continues to redefine faculty development at Superior University. By merging technology, pedagogy and innovation, the program has empowered dozens of educators from **Azra Naheed Medical College and Azra Naheed Dental College** to adopt creative, student-centered approaches in teaching, assessment and research.

These initiatives reaffirm the University's mission to create an ecosystem where **learning never stops** nurturing educators who inspire, innovate and lead the transformation of healthcare education in Pakistan and beyond.



Student Achievements

At **Azra Naheed Medical & Dental College**, our students continue to shine, not only in academics and clinical excellence but also in creativity, innovation and community engagement. This quarter brought moments of pride as our young talents earned national and international recognition for their exceptional work.



Global Recognition for Creative Excellence Dr. Warisha Khan

Dr. Warisha Khan, a talented student of **Azra Naheed Dental College** and an active member of the **Superior Photography Society**, made the institution proud by winning the prestigious **Black & White Photography Contest – The Refocus Awards (USA)**.

Her captivating monochrome work was selected from entries spanning **over 80 countries**, a competition judged by an international panel featuring professionals from **BBC World Service, ABC News and Condé Nast Publications**.

This global recognition highlights the diversity of talent nurtured at Superior University, where creativity is celebrated alongside clinical and academic excellence.

Dr. Warisha's achievement is a shining example of how students at ANDC are encouraged to explore their passions beyond classrooms and clinics, emerging as **well-rounded professionals** with artistic vision, social awareness and confidence on global platforms.

Social Entrepreneurship Program (SEP) Poster Exhibition of BDS Students

In another inspiring achievement, BDS students from **Azra Naheed Dental College** participated in a **Poster Exhibition** organized under the **Social Entrepreneurship Program (SEP)**, an initiative of the **Chaudhry Muhammad Akram Center for Entrepreneurship Development (CMACED)**.

The exhibition, facilitated by **Dr. Fariha Rizwan (Assistant Professor and C)**, showcased student-led **Social Action Project (SAP)** ideas focused on community service, health awareness and sustainability.

The posters reflected innovative solutions to social and healthcare challenges, emphasizing civic engagement and ethical leadership among future dental professionals.

The event was evaluated by **Ms. Iqra Saeed (Program Leader, FAHS)** and **Dr. Usman Sadiq (Program Director, SEP & Sustainability)**, who praised the creativity and social consciousness demonstrated by the participants.

Through SEP, students were encouraged to step beyond clinical learning, applying their knowledge and empathy to design initiatives that **empower communities and promote active citizenship**.

This event reinforced Superior University's mission to shape graduates who are not only **skilled clinicians** but also **change-makers**, capable of driving social innovation and sustainable community development.

ANMC is pleased to acknowledge the achievement of Aima Imtiaz (MBBS, 4th Year, F21-088), Henaiz Abdullah (F21-089) and Farwa Kareem (F21-090), who earned a Certificate of Merit at AimsCon, AIMC Students' Conference 2025, organized by Allama Iqbal Medical College on 20th October 2025.

Their abstract was among the few selected from private medical colleges, with the majority of accepted posters coming from public sector institutions. The experience provided them with valuable exposure to scientific poster presentation, constructive feedback from distinguished professors and an enriching academic environment.



We are proud to share that Dr. Ahmad Sarim Aziz has been awarded the Dean's Professional Excellence Award in Medical Sciences at the Superior Alumni Excellence Awards. He is the first Azrite (ANMC graduate) to receive this prestigious recognition. This achievement reflects his outstanding professional contribution and the academic excellence upheld by ANMC.



ANMC proudly secured 1st Position in the Intercollegiate Badminton Tournament held at Sheikh Zayed Medical College on 29th August 2025. Our team—comprising M. Saad (MBBS-F21-59), Abdul Hadi (MBBS-F20-94), Sayyam (MBBS-F24-23), Malaika (MBBS-F21-99) and Abeeha (MBBS-F21-50)—demonstrated exceptional skill, teamwork and competitive spirit throughout the event. Their outstanding performance reflects the dedication and discipline of our students and brings well-deserved recognition to ANMC.



ANMC secured 2nd Position in the Intercollegiate Diagnostic Trinity Tournament held at Central Park Medical College, Lahore, on 1st October 2025. The participating team—Tayyab (MBBS-F20-009), Fahad Javed Gill (MBBS-F21-68) and Nabeeha Noor (MBBS-F21-69)—showcased strong analytical skills and commendable clinical understanding throughout the competition. Their performance reflects the academic strength and dedication of our students and adds to ANMC's record of excellence.



ANMC emerged as Champions, securing 1st Position in the Intercollegiate Badminton Tournament held at Central Park Medical College on 9th October 2025. The winning team—Abdul Hadi (MBBS-F20-094), M. Saad (MBBS-F21-059), Sayyam (MBBS-F24-023), Malaika (MBBS-F21-099) and Abeeha (MBBS-F21-050)—delivered an exceptional performance marked by skill, consistency and strong teamwork. Their victory highlights the dedication and sporting excellence of ANMC students



Hamza Iqbal (MBBS-F20-067, Final Year) has demonstrated exceptional talent in photography and videography in 2025. He secured 1st Position in the Reel Category at Tasawwur 3.0 held at CMH and 3rd Position in the Architecture Category in photography.

He also achieved 1st Position in Portrait Photography at the Akasee Competition held at UET and 1st Position in the Travel Vlog Category at Takhayyul, organized by King Edward Medical University.

These accomplishments earned him multiple shields and medals in recognition of his outstanding creative work.



Ifrah Sahar (MBBS-F20-049, Final Year) has demonstrated outstanding academic performance throughout her MBBS journey. She achieved distinctions in seven professional examinations, including 1st Year Biochemistry, 2nd Year Physiology, 3rd Year Pharmacology and 4th Year Pathology, ENT, Eye and Community Medicine. Her consistent excellence reflects her dedication, hard work and commitment to medical education at ANMC.



Students and doctors from Azra Naheed Medical College, in collaboration with Ravish NGO, organized a free medical camp at Barkat Colony, Chung, Lahore, an area previously affected by flooding. The camp was held on 21 September 2025, with the aim of providing accessible healthcare to underserved families recovering from the aftermath of the disaster.

A large number of patients, particularly suffering from scabies and other flood-related skin infections, were evaluated and treated. The efforts of medical students, senior doctors, volunteers and Ravish NGO created a coordinated system that ensured every patient received proper attention and care.

Impact

The medical camp brought meaningful change to the community by:
Providing free diagnosis and treatment to those who lacked access to healthcare.
Offering education on hygiene, scabies prevention and post-flood health risks.

Rebuilding trust between healthcare providers and a community struggling after flood devastation.

Empowering medical students with hands-on clinical experience and community engagement. This initiative not only addressed urgent medical needs but also contributed to long-term awareness and healthier living practices within Barkat Colony.



Creating a Culture of Service and Compassion

Through every community camp and outreach project, the students and faculty of Azra Naheed Medical and Dental Colleges demonstrate that healthcare is not confined to hospitals, it thrives where compassion meets action.

By engaging directly with the community, these initiatives foster empathy, teamwork and civic engagement among future healthcare professionals, reaffirming Superior University's commitment to producing graduates who serve with **skill, sincerity and social conscience**.

RESEARCH & INNOVATION

At **Azra Naheed Medical and Dental Colleges**, research and innovation lie at the heart of academic growth and institutional excellence. This quarter, several impactful initiatives and events were conducted to nurture a strong research culture among faculty and students, promoting evidence-based practice, analytical thinking and collaborative learning across both medical and dental disciplines.

Journal Club – Department of Biochemistry

The **Department of Biochemistry**, Azra Naheed Medical College, organized an insightful **Journal Club session** on **17th July 2025**, where **Dr. Salman Manzoor** presented a cutting-edge paper published in Stem Cell Reports titled “Lesch-Nyhan Disease Causes Impaired Energy Metabolism and Reduced Developmental Potential in Midbrain Dopaminergic Cells.”

Supervised by **Prof. Dr. Syed Imran Ali Shah (Head of Department)**, the session fostered an intellectually stimulating environment, allowing participants to critically analyze and discuss complex biochemical processes involved in neurodegeneration.

The discussion not only explored the pathophysiology of Lesch-Nyhan disease but also connected molecular-level findings to their clinical implications, encouraging attendees to link bench research with bedside medicine.

Students and faculty actively contributed to the dialogue, questioning methodologies, interpretation of data and the broader significance of stem cell research in neurological disorders.

Through such sessions, the Biochemistry Department continues to reinforce a **culture of inquiry and scientific dialogue**, enhancing both the research aptitude and academic depth of ANMC’s learning environment.

Research Methodology, Biostatistics & Data Analysis Workshops – Azra Naheed Dental College

The **Research Cell at Azra Naheed Dental College (ANDC)** organized a comprehensive series of **hands-on workshops on Research Methodology, Biostatistics and Data Analysis**, designed to equip final-year BDS students with the essential skills required to conduct and interpret scientific research.

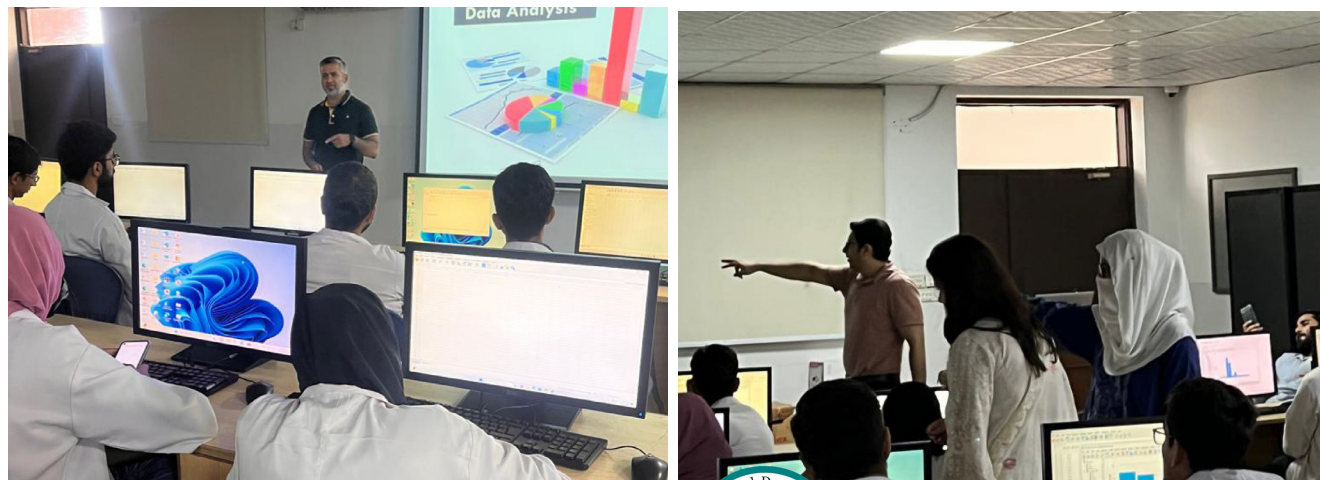
Facilitated by **Dr. Hammad Hassan, Dr. Naila Umer, Prof. Dr. Hira Asghar** and **Prof. Dr. Usman Sana**, the sessions covered the full spectrum of the research process from formulating research questions and hypotheses to designing studies, sampling, collecting data and applying descriptive and inferential statistics using digital tools.

The interactive format encouraged participants to analyze real datasets, identify appropriate statistical tests and interpret findings with accuracy and critical insight. The facilitators emphasized **the importance of evidence-based dentistry**, guiding students on how research directly contributes to improved patient outcomes and clinical decision-making.

Students particularly appreciated the **data entry and SPSS practice modules**, which enhanced their practical understanding of quantitative analysis.

The workshops concluded with participants presenting mini-projects a testament to their growing confidence and competence in research methodology.

This initiative exemplified ANDC's commitment to nurturing **scientifically literate, research-oriented dental graduates** who can contribute meaningfully to both academic literature and clinical innovation.



Research Competition for House Officers Azra Naheed Dental College

To further strengthen the spirit of academic inquiry, the **Research Cell of Azra Naheed Dental College** hosted a **Research Competition for House Officers**, offering young dental graduates a platform to showcase their original research projects.

House officers presented a range of innovative topics spanning **preventive dentistry, public health awareness, clinical treatment outcomes and patient education strategies**. Each participant was evaluated by a distinguished panel of senior faculty members, who provided constructive feedback on study design, methodology and data interpretation.

The competition not only highlighted the creativity and intellectual curiosity of the participants but also encouraged them to apply their learning to address real-world challenges in oral healthcare.

The event concluded with an award ceremony graced by **Prof. Dr. M. Asif Shahzad (Principal and C)** and **Prof. Dr. Ayma Syed (Vice Principal and C)**, who distributed certificates and prizes among the winners. Both leaders commended the participants for their dedication, emphasizing that **research is not merely an academic requirement but a professional responsibility** that strengthens the foundation of clinical excellence.

By engaging young professionals in independent research early in their careers and continues to cultivate a generation of **inquisitive, evidence-based and socially responsible clinicians** ready to advance dental science and patient care.



Towards a Research Driven Future

From journal clubs and methodology workshops to competitive research forums, every initiative this quarter reflected Superior University's mission to **embed research as a cornerstone of education.**

Through the continued efforts of the **Research Cells** at ANMC and ANDC, students and faculty are not only learning how to conduct research, they are learning how to **think like scientists**, question assumptions and translate findings into better health outcomes for the communities they serve.

This dedication to cultivating critical thinkers and innovators ensures that Azra Naheed Medical and Dental Colleges remain at the forefront of **academic excellence, scientific discovery and healthcare leadership.**



Collaborations for Community Outreach

Continuing its legacy of community engagement, the institution formalized significant collaborations this quarter to strengthen its outreach initiatives and service-learning programs.

Partnership with Pakistan Citizens Alliance (PCA)

An MoU between **ANDC/Chaudhry Muhammad Akram Dental Hospital and the Pakistan Citizens Alliance (PCA)** was signed to establish a framework for **community based dental awareness and service programs.**

The collaboration aims to promote **oral health education**, provide **preventive and basic** dental care in underserved communities and involve dental students in socially responsible initiatives.

Under this agreement, trained faculty and students from ANDC will conduct **dental check-ups, oral hygiene counseling and preventive care sessions** across schools and local communities, while PCA will facilitate access, logistics and coordination with on-ground partners.

This partnership highlights ANDC's commitment to extending healthcare beyond the classroom, blending **clinical training with compassion and civic responsibility.**



Collaboration with Maryam Nawaz Hospital, Raiwind

A second **MoU was signed** with Maryam Nawaz Hospital, Raiwind, focusing on **community-centered dental health services and practical learning opportunities** for students.

This collaboration provides a structured platform for BDS students to gain real-world experience in delivering preventive and restorative dental care to rural and peri-urban populations.

Through these partnerships and C continues to advance its mission of **bridging academia and community service**, ensuring that future dentists develop not only clinical expertise but also a deep sense of social impact.

Community Dental Camp Superior Oral Health Promotion Program (SOHPP)

As part of its ongoing **Superior Oral Health Promotion Program (SOHPP)**, the **Department of Community & Preventive Dentistry**, in collaboration with the **School of Culinary Arts**, organized a **Dental Screening and Oral Hygiene Awareness Camp** on **26th August 2025**.

Second-year BDS students, under faculty supervision, conducted over 30 **free dental check-ups** for culinary students and staff, offering oral hygiene instructions, including demonstrations on **brushing and flossing techniques**.

Participants were also introduced to the facilities and departments of **Chaudhry Muhammad Akram Dental Hospital**, enhancing awareness of available dental care services.

The initiative not only provided valuable clinical exposure for students but also reinforced their understanding of preventive dentistry and community health promotion.

The enthusiastic participation of both dental and culinary students reflected the University's culture of **interdisciplinary collaboration, health awareness and community care**.

Department Conducts Team-Based Learning Session on Professional Ethics

The Department of Community and Preventive Dentistry and Behavioral Sciences recently conducted a highly engaging **Team-Based Learning (TBL)** session for students. The session focused on strengthening students' understanding of **professional ethical principles, legal responsibilities and their practical application in clinical settings**.

Designed with an interactive and student-centered approach, the TBL format promoted **teamwork, collaboration, critical thinking and ethical reasoning**. Through structured group activities and discussions, participants were able to explore real-world scenarios, reflect on professional conduct and reinforce the values of **professionalism, accountability and ethical decision-making** in dental practice.

The department's initiative highlights its ongoing commitment to fostering competent, responsible and ethically grounded future dental professionals.



Commitment to Excellence

Through orientation programs, collaborative partnerships and outreach camps, **Azra Naheed Dental College** continues to create holistic learning experiences that integrate education, ethics and empathy.

Each activity this quarter reaffirmed ANDC's role as a leader in **dental education, community service and professional development**, nurturing the next generation of **skilled and compassionate dental practitioners**.



Faculty & Professional Development

The faculty of **Azra Naheed Medical College (ANMC)** and **Azra Naheed Dental College (ANDC)** continued to uphold the Superior University ethos of “Lifelong Learning and Continuous Growth”. This quarter witnessed a series of dynamic training sessions, professional development activities and safety workshops designed to enhance both academic and



Basic Life Support (BLS) Workshops Empowering First Responders

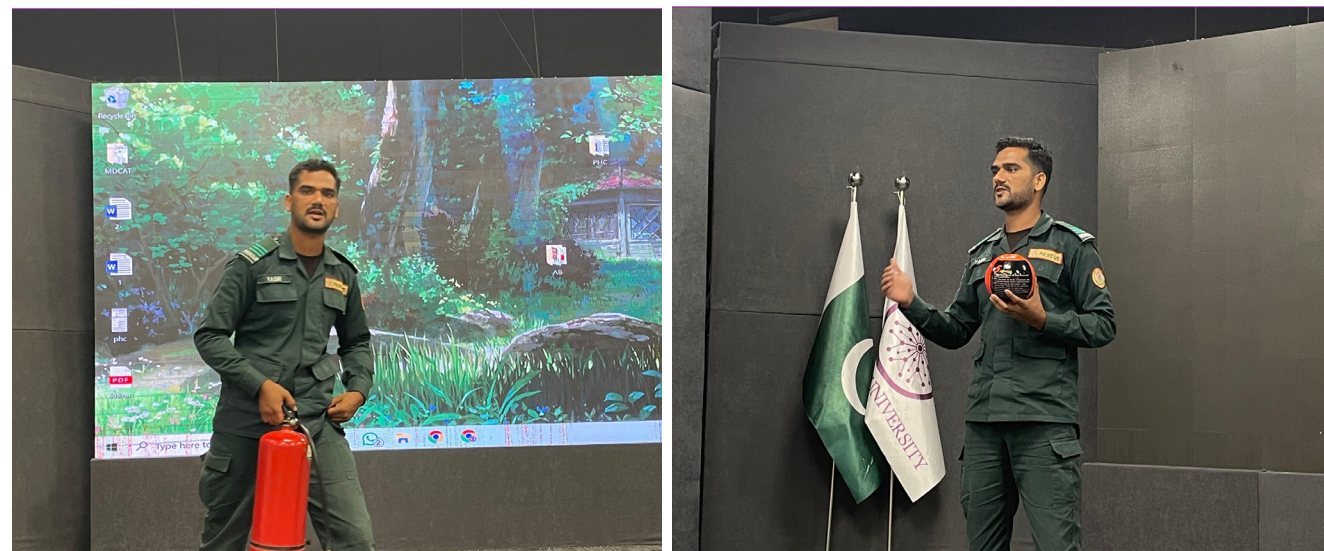
The **Department of Medical and Dental Education**, in collaboration with **Rescue 1122**, conducted a series of **Basic Life Support (BLS)** workshops for faculty members and students of both colleges.

These hands-on sessions equipped participants with critical emergency response skills, including **Cardiopulmonary Resuscitation (CPR)** techniques for adults, children and infants, as well as the correct use of **Automated External Defibrillators (AEDs)**.

The workshops emphasized real-time simulation and scenario-based training, ensuring participants could respond effectively during cardiac or respiratory emergencies in clinical and community settings.

Certified Rescue 1122 trainers led the drills, offering practical demonstrations followed by guided practice sessions. Faculty and students were commended for their active participation and teamwork throughout the training.

This initiative reinforced the institution's commitment to maintaining a **safe and prepared clinical environment**, where every healthcare provider is trained to act



Fire Safety and Emergency Preparedness Drills

Alongside BLS training, **Fire Safety Drills** were organized at **Azra Naheed Dental College and Chaudhry Muhammad Akram Dental Hospital** to strengthen the culture of safety and crisis management on campus.

Conducted under the supervision of **Rescue 1122's professional safety team**, the drills covered vital procedures including **fire evacuation protocols, use of fire extinguishers, emergency alarm response and safe exit coordination.**

Faculty, staff and students participated enthusiastically, demonstrating excellent coordination and discipline.

These exercises not only improved campus safety readiness but also instilled a sense of shared responsibility, reminding everyone that **safety is a collective commitment.**

Through these initiatives, the institution continues to ensure that its academic and clinical facilities remain safe, responsive and compliant with national standards for occupational health and safety.

Continuous Medical Education (CME) and Faculty Training Programs

In line with Superior University's focus on **innovation in medical and dental education**, faculty members across departments participated in **Continuous Medical Education (CME)** activities and training sessions emphasizing modern pedagogical approaches.

Several workshops incorporated **simulation-based learning, team-based learning (TBL)** and **interactive case discussions** to enhance teaching quality and learner engagement.

Through these CME initiatives, faculty were encouraged to integrate **blended learning tools, digital resources and competency-based assessments** into their teaching practice, aligning education with global standards.

Faculty participants highlighted the impact of these sessions in improving classroom interaction, assessment design and feedback delivery, further enriching the student learning experience.



Commitment to Lifelong Learning

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Community & Outreach

The **Azra Naheed Medical and Dental Colleges** remain steadfast in their mission to extend healthcare education beyond the classroom translating knowledge into meaningful service for the community.

Through an active series of **medical and dental campus, awareness initiatives** and CSR collaborations, students and faculty continue to demonstrate Superior University's philosophy of ***"Do Good, Be Superior."***



Free Dental Screening Campus Promoting Oral Health for All

The **Department of Community & Preventive Dentistry at Azra Naheed Dental College (ANDC)**, under the **Superior Oral Health Promotion Program (SOHPP)**, organized multiple **community-based dental screening campus** this quarter.

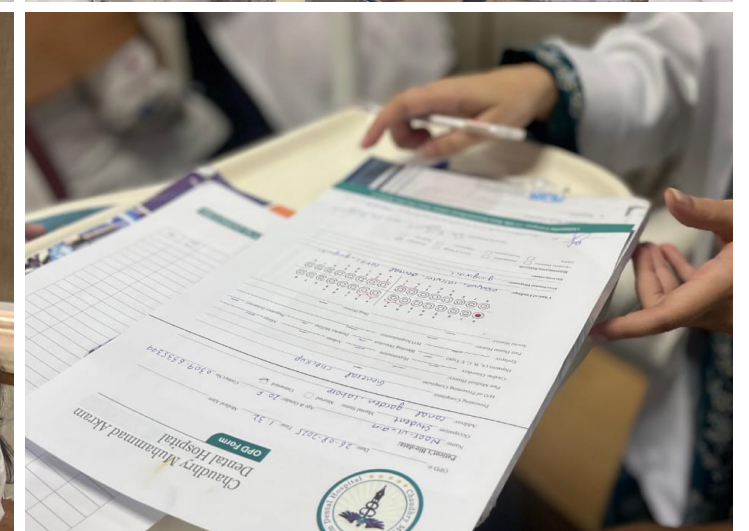
One notable camp was conducted in collaboration with the **School of Culinary Arts**, where second-year BDS students, under faculty supervision, carried out over **30 free dental check-ups** for culinary students and staff.

Participants received **oral hygiene** counseling, including demonstrations of proper brushing and flossing techniques, as well as dietary guidance for maintaining optimal oral health.

In addition to clinical screening, the camp aimed to raise awareness about preventive dentistry and the importance of routine dental visits. Students of the culinary program were also given a guided introduction to **Chaudhry Muhammad Akram Dental Hospital (CMADH)**, its departments and the specialized services it offers.

The initiative was met with enthusiasm from both institutions, strengthening the culture of **interdisciplinary collaboration** and reinforcing the importance of health promotion across all fields.

Through these outreach activities and C continues to emphasize that dentistry is not just about treatment, it's about **education, prevention and community well-being**.



Medical & Dental Campus Extending Healthcare Beyond Campus

The **faculty and students of ANMC and ANDC** collaborated to organize several free medical and dental campus aimed at delivering quality care and promoting public health awareness among underserved populations.

These camps focused on **preventive healthcare**, early disease detection and **patient education**, offering general medical consultations, dental check-ups, blood pressure and glucose screening and health counseling sessions.

The participation of trained faculty, house officers and senior students ensured that each camp provided not only clinical services but also hands-on learning experiences in patient communication, empathy and ethical care delivery.

The impact of these initiatives extended beyond clinical outcomes, strengthening community trust, improving health literacy and instilling a deep sense of social responsibility among participants.

Partnerships for Community Impact

ANDC also strengthened its **community outreach network** through strategic partnerships, including recent **MoUs with the Pakistan Citizens Alliance (PCA)** and **Marriam Nawaz Hospital, Raiwind**.

These collaborations aim to expand preventive dental services and awareness programs in schools and rural communities, ensuring sustained impact through recurring dental health drives, check-ups and educational sessions.

The partnerships serve as a model for **public-private collaboration in healthcare education**, integrating student learning with real-world social contribution.



Editor's Note

As we look back on this quarter, it's inspiring to see the dedication, innovation and compassion reflected in every event, workshop and outreach activity across our medical and dental colleges.

Each initiative from classroom learning to community service echoes Superior University's mission of shaping healthcare professionals who lead with knowledge and empathy.

Heartfelt thanks to all faculty, students and departments who contributed to this issue. Together, we continue to learn, grow and serve embodying the true spirit of being Superior.

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